

STELLAR CARE - Activities Calendar

May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00am Daily Chronicle / This Day ³¹</p> <p>9:30am Chair Dancing</p> <p>10:30am Chicken Soup For The Soul</p> <p>11:00am Uplifting Music</p> <p>1:30pm Boggle</p> <p>2:30pm BINGO</p> <p>3:00pm Funny Videos</p> <p>4:00pm Name Three</p> <p>5:00pm Lawrence Welk Show</p> <p>6:00pm Hogan's Heroes / Doodles</p> <p>7:00pm Refreshments</p>	<p style="text-align: center;">Our Beauty Salon</p> <p style="text-align: center;">is now open on</p> <p style="text-align: center;">Tuesday & Friday</p>	<p style="text-align: center;">Happy Birthday to You!</p> <p>Nancy D. 5/10</p> <p>Harold Etta M. 5/14</p> <p>Yonina S. 5/16</p> <p>Robert H. 5/19</p> <p>Pamela C. 5/23</p> <p>Gary L. 5/24</p> <p>Beulah C. 5/24</p> <p>Elizabeth A. 5/27</p> <p>Grace L. 5/27</p>	<p style="text-align: center;"><u>Locations for Activities</u></p> <p>DR Dining Room - 1st Floor</p> <p>2D 2nd Floor Dining Room</p> <p>3D 3rd Floor Dining Room</p> <p>3L 3rd Floor Lounge</p> <p>4L 4th Floor Living Room</p>		<p>9:00am Daily Chronicle / This Day</p> <p>9:30am Chair Zumba</p> <p>10:00am Jeopardy</p> <p>11:00am Where Are You Going</p> <p>1:00pm Don't Say It</p> <p>2:00pm Violin w/ John</p> <p>3:00pm Chain Reaction</p> <p>4:00pm Mind Joggers</p> <p>5:00pm Lawrence Welk Show</p> <p>6:00pm Faces and Places</p> <p>7:00pm Wheel of Fortune</p>	<p>²</p> <p>9:00am Morning Music</p> <p>9:30am Daily Chronicle / This Day</p> <p>10:00am Chair Yoga</p> <p>11:00am History of Kentucky Derby</p> <p>1:00pm BINGO</p> <p>2:00pm Remember When</p> <p>3:00pm Alphabet Game</p> <p>4:00pm Name The Landmark</p> <p>5:00pm Music Hour</p> <p>6:00pm Movie: Seabiscuit</p> <p>7:00pm Refreshments</p>
<p>9:00am Daily Chronicle / This Day ³</p> <p>9:30am Chair Dancing</p> <p>10:00am Chicken Soup For The Soul</p> <p>11:00am Uplifting Music</p> <p>1:00pm Boggle</p> <p>2:00pm BINGO</p> <p>3:00pm Funny Videos</p> <p>4:00pm Name Three</p> <p>5:00pm Lawrence Welk Show</p> <p>6:00pm Hogans Heroes / Doodles</p> <p>7:00pm Refreshments</p>	<p>9:00am Daily Chronicle / This Day ⁴</p> <p>9:30am Stretch It Out</p> <p>10:00am You Be The Judge</p> <p>11:00am Astronomy Quiz</p> <p>1:00pm Let's Talk George Lucas</p> <p>2:00pm Performance by SDSU</p> <p>3:00pm Gentle Stretch</p> <p>4:00pm Words Starting with M</p> <p>5:00pm Ballet Hour</p> <p>6:00pm Doc: Battle of Puebla</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ⁵</p> <p>9:30am Move To The Music</p> <p>10:00am Words with Rachel</p> <p>11:00am Cinco de Mayo Trivia</p> <p>1:00pm BINGO</p> <p>2:00pm Cinco Fiesta</p> <p>3:00pm Sing w/ Tori</p> <p>4:00pm Unscrambles</p> <p>5:00pm Dean Martin</p> <p>6:00pm Murdoch Mysteries/Puzzles</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ⁶</p> <p>9:30am Gentle Stretch</p> <p>10:00am States, States, States</p> <p>11:00am Story Hour</p> <p>1:00pm Fast Trivia</p> <p>2:00pm The Price is Right</p> <p>3:00pm Where Would You Be</p> <p>4:00pm What Year Was It</p> <p>5:00pm Sensory Boxes</p> <p>6:00pm Travel Hour: Iceland</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ⁷</p> <p>9:30am Workout Fun</p> <p>10:00am Who, What, Where</p> <p>11:00am Outing: Marie Callender's</p> <p>1:00pm Balloon Fun</p> <p>2:00pm Crafters Corner/Bean Bag Toss</p> <p>3:00pm Sing, Sing, Sing</p> <p>4:00pm Name Something</p> <p>5:00pm Celtic Thunder</p> <p>6:00pm Rockford Files</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ⁸</p> <p>9:30am Chair Zumba</p> <p>10:00am Jeopardy</p> <p>11:00am Where Are You Going</p> <p>1:00pm Don't Say It</p> <p>2:00pm Violin w/ John</p> <p>3:00pm Chain Reaction</p> <p>4:00pm Mind Joggers</p> <p>5:00pm Lawrence Welk Show</p> <p>6:00pm Faces and Places</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Morning Music ⁹</p> <p>9:30am Daily Chronicle / This Day</p> <p>10:00am Chair Yoga</p> <p>11:00am Did You Know</p> <p>1:00pm BINGO</p> <p>2:00pm Remember When</p> <p>3:00pm Alphabet Game</p> <p>4:00pm Name The Hollywood Star</p> <p>5:00pm Music Hour</p> <p>6:00pm Movie: What Women Want</p> <p>7:00pm Refreshments</p>
<p style="text-align: center;">Mother's Day ¹⁰</p> <p>9:00am Daily Chronicle / This Day</p> <p>9:30am Chair Dancing</p> <p>10:00am Chicken Soup For The Soul</p> <p>11:00am Famous Moms</p> <p>1:00pm Boggle</p> <p>2:00pm Tea & Tranquility</p> <p>3:00pm Funny Videos</p> <p>4:00pm Name Three</p> <p>5:00pm Lawrence Welk Show</p> <p>6:00pm Hogan's Heroes / Doodles</p> <p>7:00pm Refreshments</p>	<p>9:00am Daily Chronicle / This Day ¹¹</p> <p>9:30am Stretch It Out</p> <p>10:00am You Be The Judge</p> <p>11:00am Let's Talk</p> <p>1:00pm May IQ</p> <p>2:00pm Paint w/ Rebeca / Balloon Fun</p> <p>3:00pm Gentle Stretch</p> <p>4:00pm Words Starting with MU</p> <p>5:00pm Ballet Hour</p> <p>6:00pm Doc: WWII</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ¹²</p> <p>9:30am Move To The Music</p> <p>10:00am Words with Rachel</p> <p>11:00am Bible Study</p> <p>1:00pm BINGO</p> <p>2:00pm Happy Hands / Kick Ball</p> <p>3:00pm Sing w/ Tori</p> <p>4:00pm Unscrambles</p> <p>5:00pm Dean Martin</p> <p>6:00pm Murdoch Mysteries/Puzzles</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ¹³</p> <p>9:30am Gentle Stretch</p> <p>10:00am States, States, States</p> <p>11:00am Story Hour</p> <p>1:00pm Fast Trivia</p> <p>2:00pm Piano with Donnie</p> <p>3:00pm Where Would You Be</p> <p>4:00pm What Year Was It</p> <p>5:00pm Sensory Boxes</p> <p>6:00pm Travel Hr: US Virgin Islands</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ¹⁴</p> <p>9:30am Workout Fun</p> <p>10:00am Who, What, Where</p> <p>11:00am Res. Outg: Coronado Ferry</p> <p>1:00pm Balloon Fun</p> <p>2:00pm Crafters Corner/Bean Bag Toss</p> <p>3:00pm Sing, Sing, Sing</p> <p>4:00pm Name Something</p> <p>5:00pm Celtic Thunder</p> <p>6:00pm Rockford Files</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ¹⁵</p> <p>9:30am Chair Zumba</p> <p>10:00am Jeopardy</p> <p>11:00am Where Are You Going</p> <p>1:00pm Don't Say It</p> <p>2:00pm Violin w/ John</p> <p>3:00pm Chain Reaction</p> <p>4:00pm Mind Joggers</p> <p>5:00pm Lawrence Welk Show</p> <p>6:00pm Faces and Places</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Morning Music ¹⁶</p> <p>9:30am Daily Chronicle / This Day</p> <p>10:00am Chair Yoga</p> <p>11:00am Armed Forces Discussion</p> <p>1:00pm BINGO</p> <p>2:00pm Remember When</p> <p>3:00pm Alphabet Game</p> <p>4:00pm Name The Landmark</p> <p>5:00pm Music Hour</p> <p>6:00pm Movie: The Long Ride Home</p> <p>7:00pm Refreshments</p>
<p>9:00am Daily Chronicle / This Day ¹⁷</p> <p>9:30am Chair Dancing</p> <p>10:00am Chicken Soup For The Soul</p> <p>11:00am Uplifting Music</p> <p>1:00pm Boggle</p> <p>2:00pm BINGO</p> <p>3:00pm Funny Videos</p> <p>4:00pm Name Three</p> <p>5:00pm Lawrence Welk Show</p> <p>6:00pm Hogan's Heroes / Doodles</p> <p>7:00pm Refreshments</p>	<p>9:00am Daily Chronicle / This Day ¹⁸</p> <p>9:30am Stretch It Out</p> <p>10:00am You Be The Judge</p> <p>11:00am Let's Talk</p> <p>1:00pm It Happened In May</p> <p>2:00pm Paint w/ Rebeca / Balloon Fun</p> <p>3:00pm Gentle Stretch</p> <p>4:00pm Words Starting with W</p> <p>5:00pm Ballet Hour</p> <p>6:00pm Doc: King Tut Final Secret</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ¹⁹</p> <p>9:30am Move To The Music</p> <p>10:00am Words with Rachel</p> <p>11:00am Residents Choice</p> <p>1:00pm BINGO</p> <p>2:00pm Happy Hands / Kick Ball</p> <p>3:00pm Sing w/ Tori</p> <p>4:00pm Unscrambles</p> <p>5:00pm Dean Martin</p> <p>6:00pm Murdoch Mysteries/Puzzles</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ²⁰</p> <p>9:30am Gentle Stretch</p> <p>10:00am States, States, States</p> <p>11:00am Story Hour</p> <p>1:00pm Fast Trivia</p> <p>2:00pm Starlyte Duo</p> <p>3:00pm Where Would You Be</p> <p>4:00pm What Year Was It</p> <p>5:00pm Sensory Boxes</p> <p>6:00pm Travel Hour: Norway</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ²¹</p> <p>9:30am Workout Fun</p> <p>10:00am Who, What, Where</p> <p>11:00am Res.Outing - Bay Picnic</p> <p>1:00pm Balloon Fun</p> <p>2:00pm Crafters Corner/Bean Bag Toss</p> <p>3:00pm Sing, Sing, Sing</p> <p>4:00pm Name Something</p> <p>5:00pm Celtic Thunder</p> <p>6:00pm Rockford Files</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ²²</p> <p>9:30am Chair Zumba</p> <p>10:00am Jeopardy</p> <p>11:00am Where Are You Going</p> <p>1:00pm Don't Say It</p> <p>2:00pm Violin w/ John</p> <p>3:00pm Chain Reaction</p> <p>4:00pm Mind Joggers</p> <p>5:00pm Lawrence Welk Show</p> <p>6:00pm Faces and Places</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Morning Music ²³</p> <p>9:30am Daily Chronicle / This Day</p> <p>10:00am Chair Yoga</p> <p>11:00am Did You Know</p> <p>1:00pm BINGO</p> <p>2:00pm Remember When</p> <p>3:00pm Alphabet Game</p> <p>4:00pm Name The Star</p> <p>5:00pm Music Hour</p> <p>6:00pm Movie: Till The Clouds Roll By</p> <p>7:00pm Refreshments</p>
<p>9:00am Daily Chronicle / This Day ²⁴</p> <p>9:30am Chair Dancing</p> <p>10:00am Chicken Soup For The Soul</p> <p>11:00am Uplifting Music</p> <p>1:00pm Boggle</p> <p>2:00pm BINGO</p> <p>3:00pm Funny Videos</p> <p>4:00pm Name Three</p> <p>5:00pm Lawrence Welk Show</p> <p>6:00pm Hogan's Heroes / Doodles</p> <p>7:00pm Refreshments</p>	<p style="text-align: center;">Memorial Day ²⁵</p> <p>9:00am Daily Chronicle / This Day</p> <p>9:30am Stretch It Out</p> <p>10:00am You Be The Judge</p> <p>11:00am Patriotic Sing Along</p> <p>1:00pm Memorial Day Trivia</p> <p>2:00pm Paint w/ Rebeca / Balloon Fun</p> <p>3:00pm Gentle Stretch</p> <p>4:00pm Words Starting with K</p> <p>5:00pm Ballet Hour</p> <p>6:00pm Doc: Finding The Lost DaVinci</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ²⁶</p> <p>9:30am Move To The Music</p> <p>10:00am Words with Rachel</p> <p>11:00am Bible Study</p> <p>1:00pm BINGO</p> <p>2:00pm Happy Hands / Kick Ball</p> <p>3:00pm Sing w/ Tori</p> <p>4:00pm Unscrambles</p> <p>5:00pm Dean Martin</p> <p>6:00pm Murdoch Mysteries/Puzzles</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ²⁷</p> <p>9:30am Gentle Stretch</p> <p>10:00am States, States, States</p> <p>11:00am Story Hour</p> <p>1:00pm Fast Trivia</p> <p>2:00pm Piano with Donnie</p> <p>3:00pm Where Would You Be</p> <p>4:00pm What Year Was It</p> <p>5:00pm Sensory Boxes</p> <p>6:00pm Travel Hour: The Bahamas</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ²⁸</p> <p>9:30am Workout Fun</p> <p>10:00am Who, What, Where</p> <p>11:00am Music and Refreshment</p> <p>1:00pm Balloon Fun</p> <p>2:00pm Crafters Corner/Bean Bag Toss</p> <p>3:00pm Sing, Sing, Sing</p> <p>4:00pm Name Something</p> <p>5:00pm Celtic Thunder</p> <p>6:00pm Rockford Files</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Daily Chronicle / This Day ²⁹</p> <p>9:30am Chair Zumba</p> <p>10:00am Jeopardy</p> <p>11:00am Where Are You Going</p> <p>1:00pm Don't Say It</p> <p>2:00pm Violin w/ John</p> <p>3:00pm Chain Reaction</p> <p>4:00pm Mind Joggers</p> <p>5:00pm Lawrence Welk Show</p> <p>6:00pm Faces and Places</p> <p>7:00pm Wheel of Fortune</p>	<p>9:00am Morning Music ³⁰</p> <p>9:30am Daily Chronicle / This Day</p> <p>10:00am Chair Yoga</p> <p>11:00am Did You Know</p> <p>1:00pm BINGO</p> <p>2:00pm Remember When</p> <p>3:00pm Alphabet Game</p> <p>4:00pm Name The Landmark</p> <p>5:00pm Music Hour</p> <p>6:00pm Movie: Uptown Saturday Night</p> <p>7:00pm Refreshments</p>