

Week 1 Summer Menu for  
August 25th - 31st / September 29th - October 5th / November 3rd - 9th, 2025

**STELLAR CARE** 

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cream Of Wheat Assorted Cold Cereal	Malt-O-Meal Assorted Cold Cereal	Farina Assorted Cold Cereal	Oatmeal Assorted Cold Cereal	Cream Of Rice Assorted Cold Cereal	Ralston Assorted Cold Cereal	Malt-O-Meal Assorted Cold Cereal
	<b>Belgian Waffles</b>	<b>Denver Scramble</b>	<b>Fried Egg</b>	<b>Cinnamon French Toast</b>	<b>Scrambled Eggs</b>	<b>Pancakes</b>	<b>Fried Egg</b>
	Fruit Topping	Potato Wedge	Fruit or Cheese Danish	Bacon	Sausage Link	Fruit Topping	Sausage Patty
	Maple Syrup	Toast/Jelly	Hash Browns	Strawberry Garnish	Orange Slices	Bacon	Rosemary Red Country Potatoes
	Crisp Bacon						
	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Pineapple Juice	Orange Juice	Apple Juice	Cranberry Juice	Pineapple Juice	Orange Juice	Apple Juice
Snack	Crackers & Cheese	Fig Newtons	Orange Segments	Shortbread Cookies	Strawberry Mousse	Sliced Cantelope	Popcorn
<b>Lunch</b>	Green Salad	Tomato Cucumber Salad	Caesar Salad	Waldorf Salad	Carrot Raisin Salad	Caesar Salad	Cole Slaw
	<b>Roast Beef w/gravy</b>	<b>Taco Tuesday</b>	<b>Roasted Turkey W/ Gravy</b>	<b>Breaded Pork Loin W/ Gravy</b>	<b>Oven Baked Catfish</b>	<b>Cheese Manicotti W/ Marinara Sauce</b>	<b>Oven Baked Chicken</b>
	Mashed Potatoes	Spanish Rice	Ranch Whipped Potatoes	Garlic Mashed Yams	Tarter Sauce / Lemon Wedge	Broccoli	Carrots and Celery
	Green Beans	Pico de Gallo	Broccoli Florets	Peas	Scalloped Potatoes	Garlic Bread	Roasted Red Potatoes
	Wheat Roll	Refried Beans	Bread Roll	Dinner Roll	Green Beans		Bread
	Banana Pudding	Yellow Cake w/ Chocolate Frosting	Pumpkin Pie	Fruit Cocktail Cake	Bread Pudding	Éclair	Coconut Cream Pie
<b>Dinner</b>	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages
	Cream of Broccoli Soup	Beef Barley Soup	Cream of Celery Soup	Corn Chowder Soup	Vegetable Soup	Tomato Soup	Cream of Mushroom Soup w/Crackers
	<b>Cranberry Turkey Salad on Croissant</b>	<b>B.L.T. Sandwich</b>	<b>Vegetable Quiche</b>	<b>Beef Fajitas</b>	<b>Grilled Turkey Reuben on Rye w/Swiss cheese</b>	<b>Salisbury Steak W/ Mushroom Gravy</b>	<b>Egg Salad Sandwich on Wheat</b>
	Potato Salad	Tater Puffs	Cantaloupe Slice	w/peppers and onions on Flour Tortilla	Tater Tots	Mashed Potatoes	Cucumber & Dill Salad
	Fruit Wedge	Pickle Spear	Spinach Salad	Pinto Beans	Pickle Spear	Yellow Squash	
	Blueberry Muffin	Fresh Fruit	Chocolate Chip Cookies	Churros	Peach Crumble	Ice Cream	Fruit Jello
	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages
Diabetic Snack Bev.	5 vanilla Wafers 4oz. Milk	1 oz. Cheese 6 Low Salt Crackers Water	4 Graham Crackers 4oz. Milk	1/2 Peanut Butter & S.F. Jelly Sandwich Apple Juice	6 Low Salt Crackers 1oz. Cheese Water	5 Vanilla Wafers 4oz. Milk	4 Graham Crackers 4oz. Milk

Week 2 Summer Menu for  
September 1st - 7th / October 6th - 12th / November 10th - 16th, 2025

STELLAR CARE 

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Farina Assorted Cold Cereal <b>Ham &amp; Cheese Omelet</b> O'Brien Potatoes Melon Wedge Milk Orange Juice	Oatmeal Assorted Cold Cereal <b>Scrambled Egg</b> Biscuit/Jelly Milk Pineapple Juice	Cream of Wheat Assorted Cold Cereal <b>French Toast w/Syrup</b> Crisp Bacon Milk Cranberry Juice	Oatmeal Assorted Cold Cereal <b>Fried Eggs</b> Hash Browns Milk Orange Juice	Ralston Assorted Cold Cereal <b>Pancakes</b> Sausage Pattie Milk Apple Juice	Oatmeal Assorted Cold Cereal <b>Scrambled Egg</b> Toast & Jelly Milk Pineapple Juice	Cream of Wheat Assorted Cold Cereal <b>Fried Eggs</b> Biscuit Milk Orange Juice
<b>Lunch</b>	Tomato Salad <b>Grilled Tuna Melt on Sourdough w/Swiss</b> Tater Puffs Pickle Spear	Caesar Salad <b>Southern Fried Chicken</b> Corn on the Cob Baked Beans Bread roll	Green Salad <b>Orange Chicken</b> White Rice Egg Roll	Cole Slaw <b>Hot Dog on a bun</b> Sweet Potato fries Pickle Spear	Cucumber Salad <b>Baked Fish</b> Cous Cous Zucchini Corn Bread Muffin	Green Salad <b>Pork Roast with Apple Sauce</b> Steamed Rice Broccoli w/ Cheese Sauce Dinner Roll	Caesar Salad <b>Meaty Lasagna</b> Vegetable Medley Garlic Bread
	Peach Crisp w/whipped cream	Watermelon	Lemon or Blueberry Oatmeal Bar	Strawberry Shortcake	Cheesecake w/Berries	Vanilla Ice Cream	Tapioca Pudding
	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages
<b>Dinner</b>	Tomato Soup <b>Tri Tip w/gravy</b> Roasted Red Potatoes Broccoli Dinner Roll	Turkey Noodle Soup w/Crackers <b>Cheese Ravioli</b> Italian Vegetables Garlic Bread	Minestrone Soup <b>Hawaiian Pizza</b> Spinach Salad	Beef Barley Soup <b>Country Fried Chicken</b> Mashed Potatoes Green Beans	Potato Soup <b>Cheeseburger</b> Shoestring Fries Pickle	Split Pea Soup <b>Chicken Salad on Croissant</b> Pasta Salad Fresh Fruit Wedge	Navy Bean Soup w/Crackers <b>Grilled Bacon &amp; Swiss w/Tomato on Sourdough</b> Corn Chips Carrot Salad
	Marble Cake	Neapolitan Ice Cream	Chocolate Pudding	Rocky Road Brownie	Pineapple Upside-down Cake	Pudding Parfait w/whip cream	Chocolate Chip Cookies
	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Ice Cream	Milk Assorted Beverages
<b>Diabetic Snack Bev.</b>	6 Low Salt Crackers 1oz. Cheese Water	Oatmeal Cookie 4oz. Milk	4 Graham Crackers 4oz. Milk	1/2 Peanut Butter & S.F. Jelly Sandwich Apple Juice	4 Graham Crackers 4oz. Milk	6 Low Salt Crackers 1oz. Cheese Water	4 Graham Crackers 4oz. Milk

Week 3 Summer Menu for  
August 4th-10th / September 8th - 14th / October 13th - 19th, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Malt-O-Meal Assorted Cold Cereal <b>French Toast/Syrup</b> Bacon  Milk Pineapple Juice	Ralston Assorted Cold Cereal <b>Western Scramble</b> O'Brien Potatoes English Muffin  Milk Prune Juice	Oatmeal Assorted Cold Cereal <b>Omelet</b> Bacon Danish  Milk Orange Juice	Cream Of Rice Assorted Cold Cereal <b>Pancake/Syrup</b> Sausage Link  Milk Cinnamon Applesauce	Farina Assorted Cold Cereal <b>Fried Egg</b> Crisp Bacon  Milk Cranberry Cocktail	Oatmeal Assorted Cold Cereal <b>Scrambled Eggs w/Salsa</b> Hash Browns Danish  Milk Apple Juice	Cream Of Rice Assorted Cold Cereal <b>Belgian Waffles</b> Apple Topping Bacon  Milk Pinapple Juice
<b>Lunch</b>	Green Salad  <b>Oven Roasted Chicken</b>  Capri Vegetables Red Potatoes	Beet Salad  <b>Fish Sandwich</b>  Sweet Potato Fries Cole Slaw	Cucumber Salad  <b>Corned Beef w/ Mustard Sauce</b>  Oven Roasted Potatoes Cabbage & Carrots Bread	Tossed Salad  <b>Chicken Fried Chicken with Country Gravy</b>  Mashed Potato Corn Cob Roll	Carrot Raisin Salad  <b>Baked Filet of Fish w/Lemon</b>  Au Gratin Potatoes Tuscany Vegetables Dinner Roll	Oriental Salad  <b>Baked Ham</b>  Sweet Potatoes Seasoned Broccoli	Waldorf Salad  <b>BBQ Brisket of Beef</b>  Baked Beans Corn Dinner roll
	Baked Apple Slices	Chocolate Ice Cream	Butterscotch Squares	Fresh Fruit	Strawberry Shortcake	Peach Crisp w/whipped cream	Chocolate Pudding
	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages
<b>Dinner</b>	Vegetable Soup  <b>Sloppy Joe on a Bun</b>  Steak Fries Tropical Fruit	Lentil Soup  <b>Roast Turkey w/ Gravy</b>  Mashed Potatoes Almond Green Beans Roll	Cream of Mushroom Soup  <b>Baked Penne Pasta w/Sausage</b>  Italian Vegetables Parmesan Garlic Bread	Tomato Rice Soup with Crackers  <b>Pork Loin/Gravy</b>  Oriental Vegetables Mashed Potatoes Bread	Chicken Vegetable Soup  <b>Beef Tips &amp; Noodles</b>  Seasoned Carrots Dinner Roll	Corn Chowder Soup  <b>Turkey Meatloaf with gravy</b>  Roasted Red Potatoes Carrot Coins Bread	Homemade Bean Soup with Crackers  <b>Tuna Salad Sandwich on Wheat</b>  Potato Puffs Pickle Spear
	Chocolate Brownie	Citrus Fruit Cup	Lemon Cake w/Frosting	Peanut Butter Bar	Fruited Gelatin	Ice Cream	Blushed Pears
	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages
Snack	Apple Juice & Grahams	Milk & Crackers	Pinapple Juice & Cookie	Orange Juice & Grahams	Milk & Grahams	Orange Juice & Crackers	Orange Juice & Grahams
Diabetic Snack Bev.	6 Low Salt Crackers 1oz. Cheese Water	2 Cookies  4oz. Milk	4 Graham Crackers  4oz. Milk	2 Diabetic Cookies  4oz. Milk	4 Graham Crackers  4oz. Milk	6 Low Salt Crackers 1oz. Cheese Water	4 Graham Crackers  4oz. Milk

Week 4 Summer Menu for  
August 11th - 17th / September 15th - 21st / October 20th - 26th, 2025

**STELLAR CARE** 

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Oatmeal Assorted Cold Cereal <b>Huevos Rancheros</b> Refried Beans Milk Orange Juice	Ralston Assorted Cold Cereal <b>Pancake Square/Syrup</b> Crisp Bacon Milk Prune juice	Oatmeal Assorted Cold Cereal <b>Ham, Egg, Cheese Bite</b> Hash Brown Milk Apple Juice	Malt-O-Meal Assorted Cold Cereal <b>Orange French Toast</b> Syrup Bacon Milk Cranberry Juice	Cream Of Wheat Assorted Cold Cereal <b>Spinach, Mushroom &amp; Cheese Scramble</b> Potato Pancake Banana Nut Muffin Milk Pineapple Juice	Oatmeal Assorted Cold Cereal <b>Scrambled Eggs</b> Toast/Jelly Sausage Link Milk Apple Juice	Cream Of Wheat Assorted Cold Cereal <b>Biscuits and Gravy</b> Scrambled Eggs O'Brien Potatoes Milk Pineapple Juice
<b>Lunch</b>	Green Salad <b>Roast Turkey w/Gravy</b> Sweet Potatoes Green Beans Dinner Roll Pecan Pie Milk Assorted Beverages	Cucumber Salad <b>Barbeque Ribs</b> Cauliflower Corn Parkerhouse Roll Pineapple Upside Down Cake Milk Assorted Beverages	Beet Salad <b>Parmesan Crusted Chicken</b> White Rice Creamed Spinach w/Mushrooms Boston Cream Pie Milk Assorted Beverages	Green Salad <b>Roast Beef w/Gravy</b> Oven Roasted Potatoes Seasoned Zucchini Bread Apple Crisp Milk Assorted Beverages	Tomato Salad <b>Baked Fish Filet</b> Tater Tots Peas 'n' Onions Bread Zucchini bread Milk Assorted Beverages	Orange Pineapple Salad <b>Smothered Chicken Breast</b> Cous Cous Sauteed Vegetables Bread Fresh Fruit Milk Assorted Beverages	Green Salad <b>Roasted Pork w/ Giblet gravy</b> Mashed Potatoes Capri Vegetables Dinner Roll Coconut Cream Pie Milk Assorted Beverages
<b>Dinner</b>	Cream of Celery Soup <b>Macaroni and Cheese w/Ham</b> Green Peas & Pearl Onions Wheat Roll Fresh Fruit Milk Assorted Beverages	Corn Chowder <b>Margherita Pizza</b> Spinach Salad Bigneit Milk Assorted Beverages	Split Pea Soup <b>Penne Pasta Bolognaise</b> Broccoli Angel fruit roll Milk Assorted Beverages	Vegetable Soup <b>Grilled Cheese</b> Steak Fries Pickle Ice Cream Milk Assorted Beverages	Egg Drop Soup <b>Beef Teriyaki</b> Fried Rice Oriental Vegetables Almond Cookie Milk Assorted Beverages	Cream of Broccoli Soup <b>Salisbury Steak with Gravy</b> Baked Potato Vegetable Normandy Bread Roll Brownies Milk Ice Cream	Chicken Noodle Soup with Crackers <b>Vegetable Lasagne</b> Garlic Bread Chocolate Pudding Milk Assorted Beverages
Snack	Milk & Wafers	Pinapple Juice & Crackers	Apple Juice & Cookies	Milk & Wafers	Orange Juice & Crackers	Jello	Milk & Wafers
Diabetic Snack Bev.	2 Cookies 4oz. Milk	6 Low Salt Crackers 1oz. Cheese Water	1/2 Peanut Butter & S.F. Jelly Sandwich Apple Juice	2 Diabetic Cookies 4oz. Milk	6 Low Salt Crackers 1oz. Cheese Water	4 Graham Crackers 4oz. Milk	1/2 Sandwich 4oz. Milk

Week 5 Summer Menu for  
August 18th - 24th / September 22nd - 28th / October 27th - November 2nd, 2025

**STELLAR CARE** 

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Oatmeal Assorted Cold Cereal <b>Belgian Waffles</b> Strawberry Topping Bacon  Milk Cranberry Juice	Cream of Wheat Assorted Cold Cereal <b>Fried Eggs</b> Toast & Jelly  Milk Orange Juice	Farina Assorted Cold Cereal <b>Omelet</b> Toast/Jelly Hash Browns  Milk Pineapple Juice	Oatmeal Assorted Cold Cereal <b>Pancakes/Syrup</b> Sausage Link Garnish  Milk Orange Juice	Cream Of Rice Assorted Cold Cereal <b>Scrambled Egg &amp; Ham</b> Danish  Milk Apple Juice	Farina Assorted Cold Cereal <b>Spanish Omelet</b> Fried Potatoes Bacon  Milk Orange Juice	Oatmeal Assorted Cold Cereal <b>Fried Egg</b> Blueberry Coffee Cake  Milk Orange Juice
<b>Lunch</b>	Apple Salad  <b>BBQ Chicken</b>  Baked Beans  Corn on the Cob  Wheat Roll	Coleslaw  <b>Breaded Pork Cutlet</b>  Augratin Potatoes  Mixed Vegetables  Dinner Roll	Green Salad  <b>Meatloaf with Gravy</b>  Mashed Potatoes  Summer Squash  Dinner Roll	Iceberg Salad <b>Stuffed Shells w/ Marinara Sauce</b>  Scandinavian Vegetables  Garlic Bread	Summer Pear Salad  <b>Baked Catfish</b>  Potato Wedges  Yellow Squash  Bran Muffin	Three Bean Salad  <b>Hawaiian Pizza</b>  Caesar Salad	Green Salad  <b>Pork Loin</b>  Mashed Potatoes  Creamed Spinach  Dinner Roll
	Peanut Butter Cookie	Coconut Cake	Fresh Fruit Cup	Peach Pie	Butterscotch Square	Assorted Ice Cream	Cheesecake
	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages
<b>Dinner</b>	Chicken Noodle  <b>BLT on Wheat Toast</b>  Shoestring Fries	Lentil Soup  <b>Turkey Burger w/Cheese</b>  Sweet Potato Fries Pickle Spear	Vegetable Soup  <b>Chicken Ranch Sandwich on Roll</b> Pickle spear Steak Fries	Cream of Tomato Soup  <b>Grilled Ham &amp; Cheese w/Tomato</b> Fried potato wafers Pickle wedge	Navy Bean Soup  <b>Chicken Stir Fry</b>  Steamed Rice Egg Roll	Corn Chowder  <b>Turkey Loaf w/Gravy</b>  Smashed Yams Green Beans Dinner Roll	Vegetable Soup w/Crackers  <b>Hot Dog</b>  Tater Puffs Cole Slaw
	Fruited Gelatin	Mint Chocolate Chip Ice Cream	Chocolate Mousse	German Chocolate Cake	Banana Pudding	White Cake w/Chocolate Frosting	Carrot Cake
	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages	Milk Assorted Beverages
Snack	Apple Juice with Crackers	Fruit Punch & Grahams	Milk & Wafers	Orange Juice & Grahams	Milk & Wafers	Apple Juice & Graham	Apple Juice & Graham Crackers