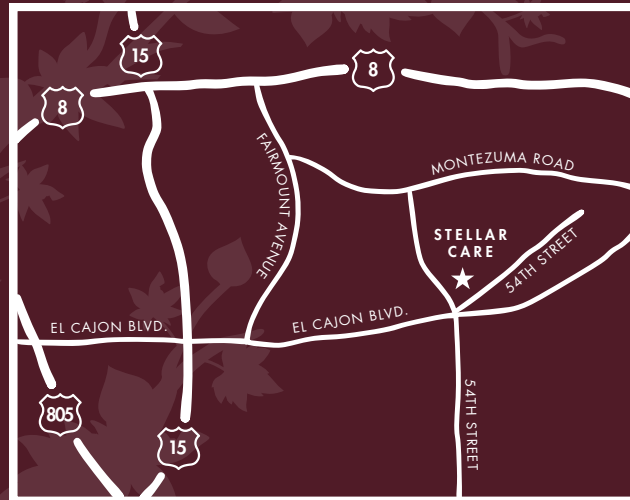




STELLAR CARE

QUALITY RESIDENTIAL LIVING



STELLAR CARE

QUALITY RESIDENTIAL LIVING

DIGNIFIED DEMENTIA CARE

ASSISTED LIVING
DEMENTIA CARE
RESPITE CARE

4518 54TH STREET
SAN DIEGO, CALIFORNIA 92115
PHONE (619) 287-2920
FAX (619) 286-8534
WWW.STELLARCARESD.COM
LICENSE #374603625

At Stellar Care, we are honored to provide exceptional care for your loved ones. We understand that aging presents unique challenges, making the decision to find the right care even more crucial. Our mission is to ensure that everyone receives compassionate, quality care.

We prioritize safety and are committed to meeting the physical, emotional, and social needs of our residents with dignity and respect. Our team works closely with you to develop a personalized care plan tailored to your loved one's specific needs.

We believe that understanding and patience are essential in serving those with memory impairments. By getting to know each resident personally, we ensure their comfort and your peace of mind.

We stand behind what we believe is important by offering ongoing training to our staff and remaining committed to providing quality residential living.



WELLNESS PROGRAM

Our Wellness Program sets Stellar Care apart as a premier provider for senior living. This supervised program includes:

- Mental stimulation
- Physical activity
- Attention to spiritual needs
- Food and fluid consumption monitoring
- Fall prevention education
- Medication and pain management
- Attention to cleanliness and grooming throughout the day
- Monitoring for changes of condition



RESPIRE CARE (SHORT-TERM STAY).

Respite care provides families with relief in a safe, stimulating homelike environment for loved ones. Fully furnished accommodations and comprehensive care are available for short stays for at least 30 days. It's a convenient choice for recovery, family vacations, caregiver breaks, or experiencing our accommodations.

STELLAR CARE

We invite you to experience the quality of care at Stellar Care, a family owned and operated community, by visiting our facility and meeting our staff.

**PLEASE CALL US TO
SCHEDULE A VISIT AT
(619) 287-2920**

ASSISTED LIVING SERVICES

Monthly rates include assistance with:

- Medication management
- Shower assistance
- Housekeeping and laundry
- ... AND MORE
- **NOW ACCEPTING THE ASSISTED LIVING WAIVER**



AMENITIES

- Secured environment
- On-site dementia-trained caregivers available 24/7
- Three nutritious meals daily and snacks
- Housekeeping and linen services
- Emergency response systems in living areas and bathroom
- Salon/barber services and on-site podiatry
- Daily programs designed to stimulate social and emotional health
- ... AND MORE

