



STELLAR CARE - Activities Calendar

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Easter 31 9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Easter Fun Facts 11:00am Psalms and Proverbs 1:00pm Music Hour / Movie 2:00pm Easter Fun 3:00pm Stretch It Out 4:00pm Dear Abby 5:00pm Dance Greats 6:00pm AGT 7:00pm Classic TV	Happy Birthday to YOU! Judith P. 3/1 Deborah P. 3/5 Joaquin R. 3/9 Joe H. 3/9 Corrine M. 3/14 	Our Beauty Salon is now open on Friday 	Locations for Activities DR Dining Room - 1st Floor SBR Santa Barbara Room - 1st Floor 2D 2nd Floor Dining Room 3L 3rd Floor Lounge 4L 4th Floor Library	 March	9:00am This Day in History 9:30am Move and Groove 10:00am Women Trailblazers 11:00am Match It Up 1:00pm Jeopardy / Movie 2:00pm Violin w/ John 3:00pm Happy Hour 4:00pm Name Ten 5:00pm Zen Doodles 6:00pm Faces and Places 7:00pm Game Show Hour	9:00am This Day in History 9:30am Chair Yoga 10:00am Unscrambles 11:00am Name That Tune 1:00pm Balloon Fun / Movie 2:00pm BINGO 3:00pm Concentration 4:00pm Afternoon Stretch 5:00pm Music Hour 6:00pm Movie: Till the Clouds Roll By 7:00pm Relaxation
9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Psalms and Proverbs 11:00am Did You Know 1:00pm Happy Hands / Movie 2:00pm Cookie Social 3:00pm Stretch It Out 4:00pm Dear Abby 5:00pm Dance Greats 6:00pm AGT 7:00pm Classic TV	9:00am This Day in History 9:30am Chair Yoga 10:00am You Be The Judge 11:00am Alphabet Game 1:00pm Balloon Battle / Movie 2:00pm Let's Talk About It 3:00pm BINGO 4:00pm Sing Along 5:00pm Funny Videos 6:00pm Docu: Extraordinary Women 7:00pm Game Show Hour	9:00am Daily Chronicle 9:30am Morning Stretch 10:00am Price is Right 11:00am Story Hour 1:00pm Residents Choice / Movie 2:00pm Arts and Crafts 3:00pm Puzzles and Music 4:00pm It Happened In March 5:00pm Guess Who 6:00pm BINGO 7:00pm Classic T.V.	9:00am This Day in History 9:30am Morning Workout 10:00am States, States, States 11:00am Fun with Words 1:00pm Remember When / Movie 2:00pm Tic Tac Toe Fun 3:00pm Name That Song 4:00pm Where Would You Be 5:00pm Relaxation 6:00pm Travel Hour: Alaska 7:00pm Game Show Hour	9:00am Daily Chronicle 9:30am Stretch It Out 10:00am Disney Who Am I 11:00am Res. Outing: Ceramic Café 1:00pm Bean Bag Fun / Movie 2:00pm Sing, Sing, Sing 3:00pm Trivia Workout 4:00pm You Tube Quizzes 5:00pm Comedy Hour 6:00pm BINGO 7:00pm Classic T.V.	9:00am This Day in History 9:30am Move and Groove 10:00am Women Trailblazers 11:00am Match It Up 1:00pm Jeopardy / Movie 2:00pm Riddle Me This 3:00pm Happy Hour 4:00pm Name Ten 5:00pm Zen Doodles 6:00pm Faces and Places 7:00pm Game Show Hour	9:00am This Day in History 9:30am Chair Yoga 10:00am Unscrambles 11:00am Name That Tune 1:00pm Balloon Fun / Movie 2:00pm BINGO 3:00pm Concentration 4:00pm Afternoon Stretch 5:00pm Music Hour 6:00pm Movie: Loves Long Journey 7:00pm Relaxation
9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Psalms and Proverbs 11:00am Did You Know 1:00pm Happy Hands / Movie 2:00pm Popcorn Social 3:00pm Stretch It Out 4:00pm Academy Award Trivia 5:00pm Oscars 6:00pm AGT 7:00pm Classic TV	9:00am This Day in History 9:30am Chair Yoga 10:00am You Be The Judge 11:00am Alphabet Game 1:00pm Balloon Battle / Movie 2:00pm Let's Talk About It 3:00pm BINGO 4:00pm Sing Along 5:00pm Funny Videos 6:00pm Documentary: Call Me Kate 7:00pm Game Show Hour	9:00am Daily Chronicle 9:30am Morning Stretch 10:00am Price is Right 11:00am Story Hour 1:00pm Residents Choice / Movie 2:00pm Piano w/ Zina 3:00pm Puzzles and Music 4:00pm Basketball Trivia 5:00pm Guess Who 6:00pm BINGO 7:00pm Classic T.V.	9:00am This Day in History 9:30am Morning Workout 10:00am States, States, States 11:00am Fun with Words 1:00pm Remember When / Movie 2:00pm Tic Tac Toe Fun 3:00pm Name That Song 4:00pm Where Would You Be 5:00pm Relaxation 6:00pm Travel Hour: Scotland 7:00pm Game Show Hour	9:00am Daily Chronicle 9:30am Stretch It Out 10:00am Who, What, When 11:00am Brain Games 1:00pm Bean Bag Fun / Movie 2:00pm Res. Outing: Ice Cream 3:00pm Trivia Workout 4:00pm You Tube Quizzes 5:00pm Comedy Hour 6:00pm BINGO 7:00pm Classic T.V.	9:00am This Day in History 9:30am Move and Groove 10:00am Women Trailblazers 11:00am Match It Up 1:00pm Jeopardy / Movie 2:00pm Violin w/ John 3:00pm Happy Hour 4:00pm Name Ten 5:00pm Zen Doodles 6:00pm Faces and Places 7:00pm Game Show Hour	9:00am This Day in History 9:30am Chair Yoga 10:00am Unscrambles 11:00am Name That Tune 1:00pm Balloon Fun / Movie 2:00pm BINGO 3:00pm Concentration 4:00pm Afternoon Stretch 5:00pm Music Hour 6:00pm Movie: The Last Time I Saw 7:00pm Relaxation
St. Patrick's Day 17 9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am St. Patrick's Fun Facts 11:00am Everything Green 1:00pm Celtic Music / Movie 2:00pm St. Paddy's Day Celebration 3:00pm Stretch It Out 4:00pm Dear Abby 5:00pm Dance Greats 6:00pm AGT 7:00pm Classic TV	9:00am This Day in History 9:30am Chair Yoga 10:00am You Be The Judge 11:00am Alphabet Game 1:00pm Over or Under / Movie 2:00pm Let's Talk About It 3:00pm BINGO 4:00pm Sing Along 5:00pm Funny Videos 6:00pm Docu: Expedition Amelia 7:00pm Game Show Hour	First Day of Spring 19 9:00am Daily Chronicle 9:30am Morning Stretch 10:00am Spring Fun Facts 11:00am Name That Flower 1:00pm Spring BINGO / Movie 2:00pm Arts and Crafts 3:00pm Puzzles and Music 4:00pm March IQ 5:00pm Guess Who 6:00pm BINGO 7:00pm Classic T.V.	9:00am This Day in History 9:30am Morning Workout 10:00am Baseball Trivia 11:00am Fun with Words 1:00pm Remember When / Movie 2:00pm Name The Player 3:00pm Baseball Fun 4:00pm Where Would You Be 5:00pm Relaxation 6:00pm Travel Hour: Baseball Parks 7:00pm Game Show Hour	9:00am Daily Chronicle 9:30am Stretch It Out 10:00am Who, What, When 11:00am Res. Outing: Old Town 1:00pm Bean Bag Fun / Movie 2:00pm Sing, Sing, Sing 3:00pm Trivia Workout 4:00pm You Tube Quizzes 5:00pm Comedy Hour 6:00pm BINGO 7:00pm Classic T.V.	9:00am This Day in History 9:30am Move and Groove 10:00am Women Trailblazers 11:00am Match It Up 1:00pm Jeopardy / Movie 2:00pm Riddle Me This 3:00pm Happy Hour 4:00pm Name Ten 5:00pm Zen Doodles 6:00pm Faces and Places 7:00pm Game Show Hour	9:00am This Day in History 9:30am Chair Yoga 10:00am Unscrambles 11:00am Name That Tune 1:00pm Balloon Fun / Movie 2:00pm BINGO 3:00pm Concentration 4:00pm Afternoon Stretch 5:00pm Music Hour 6:00pm Movie: Amelia 7:00pm Relaxation
9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Psalms and Proverbs 11:00am Did You Know 1:00pm Happy Hands / Movie 2:00pm Brownie Social 3:00pm Stretch It Out 4:00pm Dear Abby 5:00pm Dance Greats 6:00pm AGT 7:00pm Classic TV	9:00am This Day in History 9:30am Chair Yoga 10:00am You Be The Judge 11:00am Alphabet Game 1:00pm Balloon Battle / Movie 2:00pm Let's Talk About It 3:00pm BINGO 4:00pm Sing Along 5:00pm Funny Videos 6:00pm Documentary: Bombshell 7:00pm Game Show Hour	9:00am Daily Chronicle 9:30am Morning Stretch 10:00am Price is Right 1:00pm Residents Choice / Movie 2:00pm Piano w/ Zina 3:00pm Puzzles and Music 4:00pm Basketball Trivia 5:00pm Guess Who 6:00pm BINGO 7:00pm Classic T.V.	9:00am This Day in History 9:30am Morning Workout 10:00am States, States, States 1:00pm Vet to Vet Café / Movie 2:00pm Tic Tac Toe Fun 3:00pm Name That Song 4:00pm Where Would You Be 5:00pm Relaxation 6:00pm Travel Hour: China 7:00pm Game Show Hour	9:00am Daily Chronicle 9:30am Stretch It Out 10:00am Who, What, When 1:00pm Bean Bag Fun / Movie 2:00pm Res. Outing: Ice Cream 3:00pm Trivia Workout 4:00pm You Tube Quizzes 5:00pm Comedy Hour 6:00pm BINGO 7:00pm Classic T.V.	9:00am This Day in History 9:30am Move and Groove 10:00am Women Trailblazers 11:00am Match It Up 1:00pm Jeopardy / Movie 2:00pm Riddle Me This 3:00pm Happy Hour 4:00pm Name Ten 5:00pm Zen Doodles 6:00pm Faces and Places 7:00pm Game Show Hour	9:00am This Day in History 9:30am Chair Yoga 10:00am Unscrambles 11:00am Name That Tune 1:00pm Balloon Fun / Movie 2:00pm BINGO 3:00pm Concentration 4:00pm Afternoon Stretch 5:00pm Music Hour 6:00pm Movie: Easter Parade 7:00pm Relaxation