

# STELLAR CARE - Activities Calendar

## December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;"><b>Happy Birthday to YOU!</b></p> <p>Dorene P.  12/6</p> <p>Taeko U.  12/23</p> <p>Trinidad V.  12/29</p>	 <b>Happy Holidays</b>	<p style="text-align: right;">1</p> <p>9:30am This Day in History 10:00am Morning Workout 10:30am Refreshment Break 11:00am Let's Talk Mistletoe 12:00pm Christmas Songs 1:00pm Nutcracker BINGO 2:00pm Memories in the Making 2:30pm Holiday Trivia 3:00pm What Year Was It 4:00pm Jeopardy Game 5:00pm Golden Girls</p>	<p style="text-align: right;">2</p> <p>9:30am This Day in History 10:00am <b>Music w/ Laura</b> 10:30am Hydration Break 11:00am Morning Stretch 12:00pm <b>Music w/ Laura</b> 1:00pm Remembering Model A 2:00pm Christmas Crafts 2:30pm Refreshment Time 3:00pm A Christmas Carol 4:00pm Unscrambles 5:00pm Activity Leader's Choice</p>	<p style="text-align: right;">3</p> <p>9:30am This Day in History 10:00am Chair Dancing 10:30am Hydration Break 11:00am Who Am I? Birthdays 12:00pm Sing Along 1:00pm Zen Doodling 2:00pm Garden Club 2:30pm Refreshment Break 3:00pm Hang Man 4:00pm Christmas Jingo BINGO 5:00pm Documentary</p>	<p style="text-align: right;">4</p> <p>9:30am This Day in History 10:00am <b>Music w/ Laura</b> 10:30am Morning Stretch 11:00am This Day in History 12:00pm <b>Music w/ Laura</b> 1:00pm BINGO 2:00pm Can you Picture it? 2:30pm Refreshment Hour 3:00pm Afternoon Stretch 4:00pm Faces &amp; Places 5:00pm Travel Hour</p>	<p style="text-align: right;">5</p> <p>9:30am This Day in History 10:00am Morning Workout 10:30am Finish the Christmas Song 11:00am Hydration Break 12:00pm True or False 1:00pm Residents' Choice 2:00pm Sing Along 2:30pm Refreshment Break 3:00pm Famous People 4:00pm Activity Leader's Choice 5:00pm Christmas Movie</p>
<p style="text-align: right;">6</p> <p>9:30am This Day in History 10:00am Gentle Stretch 10:30am Celebrity Birthdays 11:00am Hydration Break 12:00pm Chicken Soup for the Soul 1:00pm Music Hour 2:00pm Football &amp; Nail Care 2:30pm Refreshment Break 3:00pm Alphabet Game 4:00pm BINGO 5:00pm Classic TV</p>	<p style="text-align: right;">7</p> <p>9:30am Daily Chronicle 10:00am <b>Music w/ Laura</b> 10:30am Chair Dancing 11:00am Balloon Fun 12:00pm <b>Music w/ Laura</b> 1:00pm Christmas Poems 2:00pm Daily Crossword 2:30pm Refreshment Break 3:00pm What's In the Box 4:00pm Word Games 5:00pm Activity Leader's Choice</p>	<p style="text-align: right;">8</p> <p>9:30am This Day in History 10:00am Morning Workout 10:30am Refreshment Break 11:00am Let's Talk Candy Man 12:00pm Christmas Songs 1:00pm Nutcracker BINGO 2:00pm Memories in the Making 2:30pm Holiday Trivia 3:00pm What Year Was It 4:00pm Jeopardy Game 5:00pm Golden Girls</p>	<p style="text-align: right;">9</p> <p>9:30am This Day in History 10:00am <b>Music w/ Laura</b> 10:30am Hydration Break 11:00am Morning Stretch 12:00pm <b>Music w/ Laura</b> 1:00pm Remembering Christmas Cards 2:00pm Christmas Crafts 2:30pm Refreshment Time 3:00pm Christmas Story 4:00pm Unscrambles 5:00pm Activity Leader's Choice</p>	<p style="text-align: right;">10</p> <p style="text-align: center;"><b>Hanukkah Begins</b></p> <p>9:30am This Day in History 10:00am Chair Dancing 10:30am Hanukkah Fun Facts 11:00am What Am I? 12:00pm Sing Along 1:00pm Zen Doodling 2:00pm Garden Club 2:30pm Refreshment Break 3:00pm Hang Man 4:00pm Christmas Jingo BINGO 5:00pm Documentary</p>	<p style="text-align: right;">11</p> <p>9:30am This Day in History 10:00am Morning Stretch 10:30am Hydration Break 11:00am State Capitals 12:00pm Music Hour 1:00pm BINGO 2:00pm Can You Picture It? 2:30pm Refreshment Hour 3:00pm Afternoon Stretch 4:00pm Faces &amp; Places 5:00pm Travel Hour</p>	<p style="text-align: right;">12</p> <p>9:30am This Day in History 10:00am <b>Music w/ Laura</b> 10:30am Morning Workout 11:00am Hydration Break 12:00pm <b>Music w/ Laura</b> 1:00pm Residents' Choice 2:00pm Sing Along 2:30pm Refreshment Break 3:00pm Famous People 4:00pm Activity Leader's Choice 5:00pm Christmas Movie</p>
<p style="text-align: right;">13</p> <p>9:30am This Day in History 10:00am Gentle Stretch 10:30am Celebrity Birthdays 11:00am Hydration Break 12:00pm Chicken Soup for the Soul 1:00pm Music Hour 2:00pm Football &amp; Nail Care 2:30pm Refreshment Break 3:00pm Alphabet Game 4:00pm BINGO 5:00pm Classic TV</p>	<p style="text-align: right;">14</p> <p>9:30am Daily Chronicle 10:00am <b>Music w/ Laura</b> 10:30am Chair Dancing 11:00am Balloon Fun 12:00pm <b>Music w/ Laura</b> 1:00pm Christmas Poems 2:00pm Daily Crossword 2:30pm Refreshment Break 3:00pm What's In the Box 4:00pm Word Games 5:00pm Activity Leader's Choice</p>	<p style="text-align: right;">15</p> <p>9:30am This Day in History 10:00am Morning Workout 10:30am Refreshment Break 11:00am Let's Talk Grinch 12:00pm Christmas Songs 1:00pm Nutcracker BINGO 2:00pm Memories in the Making 2:30pm Holiday Trivia 3:00pm What Year Was It 4:00pm Christmas Jeopardy Game 5:00pm Golden Girls</p>	<p style="text-align: right;">16</p> <p>9:30am This Day in History 10:00am <b>Music w/ Laura</b> 10:30am Hydration Break 11:00am Morning Stretch 12:00pm <b>Music w/ Laura</b> 1:00pm Remembering Scrabble 2:00pm Christmas Crafts 2:30pm Refreshment Time 3:00pm Christmas Stories 4:00pm Unscrambles 5:00pm Activity Leader's Choice</p>	<p style="text-align: right;">17</p> <p>9:30am This Day in History 10:00am Chair Dancing 10:30am Hydration Break 11:00am Who Am I? 12:00pm Sing Along 1:00pm Zen Doodling 2:00pm Garden Club 2:30pm Refreshment Break 3:00pm Hang Man 4:00pm Christmas Jingo BINGO 5:00pm Documentary</p>	<p style="text-align: right;">18</p> <p>9:30am This Day in History 10:00am <b>Music w/ Laura</b> 10:30am Morning Stretch 11:00am This Day in History 12:00pm <b>Music w/ Laura</b> 1:00pm BINGO 2:00pm Can You Picture It? 2:30pm Refreshment Hour 3:00pm Afternoon Stretch 4:00pm Faces &amp; Places 5:00pm Travel Hour</p>	<p style="text-align: right;">19</p> <p>9:30am This Day in History 10:00am Morning Workout 10:30am Finish the Christmas Song 11:00am Hydration Break 12:00pm True or False 1:00pm Residents' Choice 2:00pm Sing Along 2:30pm Refreshment Break 3:00pm Famous People 4:00pm Activity Leader's Choice 5:00pm Christmas Movie</p>
<p style="text-align: right;">20</p> <p>9:30am This Day in History 10:00am Gentle Stretch 10:30am Celebrity Birthdays 11:00am Hydration Break 12:00pm Chicken Soup for the Soul 1:00pm Music Hour 2:00pm Football &amp; Nail Care 2:30pm Refreshment Break 3:00pm Alphabet Game 4:00pm BINGO 5:00pm Classic TV</p>	<p style="text-align: right;">21</p> <p style="text-align: center;"><b>First Day of Winter</b></p> <p>9:30am Daily Chronicle 10:00am <b>Music w/ Laura</b> 10:30am Chair Dancing 11:00am Balloon Fun 12:00pm <b>Music w/ Laura</b> 1:00pm Christmas Poems 2:00pm Daily Crossword 2:30pm Refreshment Break 3:00pm What's In the Box 4:00pm Word Games 5:00pm Activity Leader's Choice</p>	<p style="text-align: right;">22</p> <p>9:30am This Day in History 10:00am <b>Music w/ Laura</b> 10:30am Refreshment Break 11:00am Let's Talk Diane Sawyer 12:00pm <b>Music w/ Laura</b> 1:00pm Nutcracker BINGO 2:00pm Memories in the Making 2:30pm Holiday Trivia 3:00pm What Year Was It 4:00pm Jeopardy Game 5:00pm Golden Girls</p>	<p style="text-align: right;">23</p> <p>9:30am This Day in History 10:00am Morning Stretch 10:30am Hydration Break 11:00am Crossword Puzzle 12:00pm History of Candy Canes 1:00pm Remembering CJ Walker 2:00pm Christmas Crafts 2:30pm Refreshment Time 3:00pm Christmas Stories 4:00pm Unscrambles 5:00pm Activity Leader's Choice</p>	<p style="text-align: right;">24</p> <p>9:30am This Day in History 10:00am Chair Dancing 10:30am Hydration Break 11:00am Who Am I? 12:00pm Sing Along 1:00pm Zen Doodling 2:00pm Garden Club 2:30pm Refreshment Break 3:00pm Hang Man 4:00pm Christmas Jingo BINGO 5:00pm Documentary</p>	<p style="text-align: right;">25</p> <p style="text-align: center;"><b>Christmas</b></p> <p>9:30am This Day in History 10:00am Morning Stretch 10:30am Hydration Break 11:00am Christmas Fun Facts 12:00pm Can You Picture It? 1:00pm BINGO 2:00pm Christmas Movie 2:30pm Refreshment Hour 3:00pm Afternoon Stretch 4:00pm Faces &amp; Places 5:00pm Travel Hour</p>	<p style="text-align: right;">26</p> <p>9:30am This Day in History 10:00am <b>Music w/ Laura</b> 10:30am Morning Workout 11:00am Hydration Break 12:00pm <b>Music w/ Laura</b> 1:00pm Residents' Choice 2:00pm Sing Along 2:30pm Refreshment Break 3:00pm Famous People 4:00pm Activity Leader's Choice 5:00pm Christmas Movie</p>
<p style="text-align: right;">27</p> <p>9:30am This Day in History 10:00am Gentle Stretch 10:30am Celebrity Birthdays 11:00am Hydration Break 12:00pm Chicken Soup for the Soul 1:00pm Music Hour 2:00pm Football &amp; Nail Care 2:30pm Refreshment Break 3:00pm Alphabet Game 4:00pm BINGO 5:00pm Classic TV</p>	<p style="text-align: right;">28</p> <p>9:30am Daily Chronicle 10:00am <b>Music w/ Laura</b> 10:30am Chair Dancing 11:00am Balloon Fun 12:00pm <b>Music w/ Laura</b> 1:00pm Christmas Poems 2:00pm Daily Crossword 2:30pm Refreshment Break 3:00pm What's In the Box 4:00pm Word Games 5:00pm Activity Leader's Choice</p>	<p style="text-align: right;">29</p> <p>9:30am This Day in History 10:00am Morning Workout 10:30am Refreshment Break 11:00am Let's Talk Lone Star State 12:00pm Sing Along 1:00pm Nutcracker BINGO 2:00pm Memories in the Making 2:30pm Holiday Trivia 3:00pm What Year Was It 4:00pm Jeopardy Game 5:00pm Golden Girls</p>	<p style="text-align: right;">30</p> <p>9:30am This Day in History 10:00am <b>Music w/ Laura</b> 10:30am Hydration Break 11:00am Morning Stretch 12:00pm <b>Music w/ Laura</b> 1:00pm Remembering Scrabble 2:00pm Crafts 2:30pm Refreshment Time 3:00pm Story Time 4:00pm Unscrambles 5:00pm Activity Leader's Choice</p>	<p style="text-align: right;">31</p> <p style="text-align: center;"><b>New Year's Eve</b></p> <p>9:30am This Day in History 10:00am Chair Dancing 10:30am Hydration Break 11:00am Who Am I? 12:00pm Sing Along 1:00pm Zen Doodling 2:00pm Garden Club 2:30pm Refreshment Break 3:00pm Hang Man 4:00pm Jingo BINGO 5:00pm Documentary</p>	<p><b>Our Beauty Salon is now open on Friday</b></p>	
						<p style="text-align: center;"><u>Locations for Activities</u></p> <p>DR Dining Room - 1st Floor</p> <p>2D 2nd Floor Dining Room</p> <p>3D 3rd Floor Dining Room</p> <p>3L 3rd Floor Lounge</p> <p>4L 4th Floor Living Room</p>