













# STELLAR CARE - Activities Calendar

## October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Happy Birthday to YOU!</b></p>  <p>Agapita L. 10/2 Robert G. 10/8 Efren M. 10/12 Mary W. 10/20 Marie S. 10/21 Rosemary A. 10/23 Josephine S. 10/23 Catherine C. 10/24 John G. 10/24</p>		<p><b>Our Beauty Salon is now open on Tuesday</b></p> 	<p><u>Locations for Activities</u></p> <p>DR Dining Room - 1st Floor 2D 2nd Floor Dining Room 3D 3rd Floor Dining Room 3L 3rd Floor Lounge 4L 4th Floor Living Room</p>	<p>9:30am Daily Chronicle 10:00am Chair Dancing 10:30am Hydration Break 11:00am Who Am I? Birthdays 12:00pm Sing Along 1:00pm Zen Doodling 2:00pm Garden Club 2:30pm Refreshment Break 3:00pm Quick Stretch 4:00pm BINGO 5:00pm Documentary</p>	<p>9:30am Daily Chronicle 10:00am Morning Stretch 10:30am This Day in History 11:00am Balloon Game 12:00pm Let's Talk About 1:00pm BINGO 2:00pm Word Games 2:30pm Refreshment Hour 3:00pm Afternoon Stretch 4:00pm Faces and Places 5:00pm Travel Hour</p>	<p>9:30am Daily Chronicle 10:00am Morning Workout 10:30am Finish The Expression 11:00am Hydration Break 12:00pm Fun Facts 1:00pm Travel Hour 2:00pm Sing Along 2:30pm Refreshment Break 3:00pm Famous People 4:00pm Activity Leaders Choice 5:00pm Classic TV</p>
<p>9:30am Daily Chronicle 10:00am Gentle Stretch 10:30am Celebrity Birthdays 11:00am Hydration Break 12:00pm Chicken Soup for the Soul 1:00pm Music Hour 2:00pm Movie and Manicures 2:30pm Refreshment Break 3:00pm Alphabet Game 4:00pm BINGO 5:00pm Classic TV</p>	<p>9:30am Daily Chronicle 10:00am Chair Dancing 10:30am <b>Music with Peter</b> 11:00am Balloon Fun 12:00pm Fun Facts 1:00pm Word Games Starting w/ O 2:00pm Short Story: The Black Cat 2:30pm Refreshment Break 3:00pm Around The World 4:00pm Faces and Places 5:00pm Activity Leaders Choice</p>	<p>9:30am Daily Chronicle 10:00am Morning Stretch 10:30am Hydration Break 11:00am Word Games 12:00pm Sing Along 1:00pm BINGO 2:00pm Memories in the Making 2:30pm Refreshment Hour 3:00pm Quick Stretch 4:00pm Jeopardy 5:00pm Dancing with the Stars</p>	<p>9:30am Daily Chronicle 10:00am Gentle Stretch 10:30am Hydration Break 11:00am This Day in History 12:00pm Name The President 1:00pm Remembering: Walking in.. 2:00pm Crafty Corner 2:30pm Refreshment Break 3:00pm Afternoon Stretch 4:00pm Just Kidding Around 5:00pm Celtic Thunder</p>	<p>9:30am Daily Chronicle 10:00am Chair Dancing 10:30am Hydration Break 11:00am What Am I? 12:00pm Sing Along 1:00pm Zen Doodling 2:00pm Garden Club 2:30pm Refreshment Break 3:00pm Quick Stretch 4:00pm BINGO 5:00pm Documentary</p>	<p>9:30am Daily Chronicle 10:00am Morning Stretch 11:00am This Day in History 11:30am Balloon Game 12:00pm Let's Talk About 1:00pm BINGO 2:00pm Word Games 2:30pm Refreshment Hour 3:00pm Afternoon Stretch 4:00pm Faces and Places 5:00pm Travel Hour</p> 	<p>9:30am Daily Chronicle 10:00am Morning Workout 10:30am Finish The Quote 11:00am Hydration Break 12:00pm Fun Facts 1:00pm Travel Hour 2:00pm Sing Along 2:30pm Refreshment Break 3:00pm Famous People 4:00pm Activity Leaders Choice 5:00pm Classic TV</p>
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