









STELLAR CARE - Activities Calendar

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Morning Workout</p> <p>10:30am Chicken Soup for the Soul</p> <p>11:00am Uplifting Music</p> <p>1:30pm Puzzle Time</p> <p>2:30pm Happy Hour </p> <p>3:00pm Manicures</p> <p>4:00pm Alphabet Game: Places</p> <p>6:00pm BINGO</p> <p>7:00pm Classic TV</p>	<p>Labor Day</p> <p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Gentle Stretch</p> <p>10:30am Humor Me</p> <p>11:00am Guess My Career</p> <p>1:30pm Everyone Loves Trivia</p> <p>2:00pm Music w/ Laura</p> <p>3:00pm Afternoon Stretch</p> <p>4:00pm Story Hour</p> <p>6:00pm What Year Was it?</p> <p>7:00pm Jeopardy</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Music w/ Joseph</p> <p>10:30am Refreshment Break</p> <p>11:00am Name 10</p> <p>1:30pm Garden Club </p> <p>2:00pm Table Games</p> <p>3:00pm Sing Along</p> <p>4:00pm What Came First</p> <p>6:00pm BINGO</p> <p>7:00pm NCIS</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Morning Workout</p> <p>10:30am You Be The Judge</p> <p>11:00am Balloon Volley</p> <p>1:30pm Memories in the Making</p> <p>2:30pm The Price is Right</p> <p>3:00pm Fill in the Blank</p> <p>4:00pm It's Trivial</p> <p>6:00pm Poetry</p> <p>8:00pm Nature</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Chair Dancing </p> <p>10:30am Remember When?</p> <p>11:00am Finish the Sentence</p> <p>1:30pm Outdoor Games</p> <p>2:00pm Res. Outing: Ice Cream</p> <p>3:00pm Stretch it Out</p> <p>4:00pm Who, What, When?</p> <p>5:20pm Thursday Night Football</p> <p>7:00pm Discussion Hour</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Morning Workout</p> <p>10:30am Fun Facts</p> <p>11:00am Unscramble Fun</p> <p>1:30pm Creative Writing</p> <p>2:00pm Visit from Paws to Share</p> <p>3:00pm Balloon Battle</p> <p>4:00pm Faces and Places</p> <p>6:00pm BINGO</p> <p>7:00pm Relaxation</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Morning Workout</p> <p>10:30am Coffee and Tea Social</p> <p>11:00am Name That Tune</p> <p>1:30pm BINGO</p> <p>2:00pm Clairemont Church</p> <p>3:00pm Afternoon Workout</p> <p>4:00pm Guess Who?</p> <p>6:00pm Movie: Fiddler of the Roof</p> <p>7:00pm Relaxation</p>
<p>Grandparents Day</p> <p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Grand Workout</p> <p>10:30am Grandparents Day Poems</p> <p>11:00am Chicken Soup for the Soul</p> <p>1:30pm Grandparents Games</p> <p>2:30pm It's a Grand Social</p> <p>3:00pm Grand BINGO</p> <p>4:00pm Alphabet Game: Names</p> <p>6:00pm BINGO</p> <p>7:00pm Classic TV</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Gentle Stretch</p> <p>10:30am Catholic Services</p> <p>11:00am Around the Map: California</p> <p>1:30pm Everyone Loves Trivia</p> <p>2:30pm Residents Choice </p> <p>3:00pm Afternoon Stretch</p> <p>4:00pm Story Hour</p> <p>6:00pm What Year Was it?</p> <p>7:00pm Jeopardy</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Chair Dancing</p> <p>10:30am Name 10</p> <p>1:00pm Music Therapy</p> <p>1:30pm Garden Club</p> <p>2:00pm Table Games</p> <p>3:00pm Sing Along</p> <p>4:00pm What Came First</p> <p>6:00pm BINGO</p> <p>8:00pm NCIS</p>	<p>9:00am Morning Welcome </p> <p>9:30am Daily Chronicle</p> <p>10:00am Morning Workout</p> <p>10:30am You Be The Judge</p> <p>11:00am Balloon Volley</p> <p>1:30pm Memories in the Making</p> <p>2:30pm Back to School Memories</p> <p>3:00pm Fill in the Blank</p> <p>4:00pm It's Trivial</p> <p>6:00pm Poetry</p> <p>8:00pm Nature</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Chair Dancing</p> <p>10:30am Outing: Coronado Ferry</p> <p>11:00am Finish the Sentence</p> <p>1:30pm Outdoor Games</p> <p>2:30pm Chocolate Milkshake Social</p> <p>3:00pm Stretch it Out</p> <p>4:00pm Who, What, When?</p> <p>6:00pm Docu: Frozen Planet</p> <p>7:00pm Discussion Hour</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Morning Workout</p> <p>10:30am Fun Facts</p> <p>11:00am Unscramble Fun</p> <p>1:30pm Creative Writing</p> <p>2:00pm Visit from Paws to Share</p> <p>3:00pm Balloon Battle</p> <p>4:00pm Faces and Places</p> <p>6:00pm BINGO</p> <p>7:00pm Relaxation</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Morning Workout</p> <p>10:30am Coffee and Tea Social </p> <p>11:00am Name That Tune</p> <p>1:30pm BINGO</p> <p>2:30pm Manicures </p> <p>3:00pm Afternoon Workout</p> <p>4:00pm Guess Who?</p> <p>6:00pm Movie Night: Lincoln</p> <p>7:00pm Relaxation</p>
<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Morning Workout</p> <p>10:30am Chicken Soup for the Soul</p> <p>11:00am SD Humane Society</p> <p>1:30pm Puzzle Time/ Football</p> <p>2:30pm Football Social</p> <p>3:00pm Manicures</p> <p>4:00pm Alphabet Game: Songs</p> <p>6:00pm BINGO</p> <p>7:00pm Classic TV</p>	<p>9:00am Morning Welcome </p> <p>9:30am Daily Chronicle</p> <p>10:00am Gentle Stretch</p> <p>10:30am Humor Me</p> <p>11:00am Around the World: Mexico</p> <p>1:30pm Everyone Loves Trivia</p> <p>2:00pm BirthDay Party w/ Laura</p> <p>3:00pm Afternoon Stretch</p> <p>4:00pm Story Hour</p> <p>6:00pm What Year Was it?</p> <p>7:00pm Jeopardy</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Chair Dancing</p> <p>10:30am Name 10</p> <p>11:00am Resident's Choice</p> <p>1:30pm Garden Club</p> <p>2:00pm Table Games</p> <p>3:00pm Sing Along</p> <p>4:00pm What Came First</p> <p>6:00pm BINGO</p> <p>7:00pm NCIS</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Morning Workout</p> <p>10:30am You Be The Judge</p> <p>11:00am Balloon Volley</p> <p>1:30pm Memories in the Making</p> <p>2:30pm Finish the Line</p> <p>3:00pm Bible Study</p> <p>4:00pm It's Trivial</p> <p>6:00pm Poetry</p> <p>8:00pm Nature</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle </p> <p>10:00am Chair Dancing</p> <p>10:30am Remember When?</p> <p>11:00am Res. Council Meeting</p> <p>11:30am Res. Outing: Lunch</p> <p>1:45pm Outdoor Games</p> <p>3:00pm Stretch it Out</p> <p>4:00pm Who, What, When?</p> <p>6:00pm Documentary: Africa</p> <p>7:00pm Discussion Hour</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Morning Workout</p> <p>10:30am Fun Facts</p> <p>11:00am Unscramble Fun</p> <p>1:30pm Creative Writing</p> <p>2:00pm Visit from Paws to Share</p> <p>3:00pm Balloon Battle</p> <p>4:00pm Faces and Places</p> <p>6:00pm BINGO</p> <p>7:00pm Relaxation</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Morning Workout</p> <p>10:30am Coffee and Tea Social </p> <p>11:00am Name That Tune</p> <p>1:30pm BINGO</p> <p>2:30pm Manicures</p> <p>3:00pm Afternoon Workout</p> <p>4:00pm Guess Who?</p> <p>6:00pm Movie Night: Guess Who's</p> <p>7:00pm Relaxation</p>
<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Morning Workout</p> <p>10:30am Chicken Soup for the Soul</p> <p>11:00am Uplifting Music</p> <p>1:30pm Puzzle Time/ Football</p> <p>2:30pm Hollywood Party </p> <p>3:00pm Manicures</p> <p>4:00pm Alphabet Game: States</p> <p>5:00pm Emmy Awards</p> <p>7:00pm Classic TV</p>	<p>First Day of Autumn</p> <p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Gentle Stretch</p> <p>10:30am Catholic Services</p> <p>11:00am Around the Map: East Coast</p> <p>1:30pm Everyone Loves Trivia</p> <p>2:30pm Residents Choice</p> <p>3:00pm Afternoon Stretch</p> <p>4:00pm Story Hour</p> <p>6:00pm What Year Was it?</p> <p>7:00pm Jeopardy</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Chair Dancing </p> <p>10:30am Name 10</p> <p>1:00pm Music Therapy</p> <p>1:30pm Garden Club</p> <p>2:00pm Table Games</p> <p>3:00pm Sing Along</p> <p>4:00pm What Came First</p> <p>6:00pm BINGO</p> <p>8:00pm NCIS</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Morning Workout</p> <p>10:30am You Be The Judge</p> <p>11:00am Balloon Volley</p> <p>1:30pm Memories in the Making</p> <p>2:30pm Finish the Line</p> <p>3:00pm Bible Study</p> <p>4:00pm It's Trivial</p> <p>6:00pm Poetry</p> <p>8:00pm Nature</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Res Outing: San Juan Cap</p> <p>10:30am Chair Dancing</p> <p>11:00am Remember When?</p> <p>1:30pm Outdoor Games</p> <p>2:30pm Happy Hour</p> <p>3:00pm Stretch it Out</p> <p>4:00pm Who, What, When?</p> <p>6:00pm Docu: Great Yellowstone</p> <p>7:00pm Discussion Hour</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Morning Workout</p> <p>10:30am Fun Facts </p> <p>11:00am Unscramble Fun</p> <p>1:30pm Creative Writing</p> <p>2:00pm Visit from Paws to Share</p> <p>3:00pm Balloon Battle</p> <p>4:00pm Faces and Places</p> <p>6:00pm BINGO</p> <p>7:00pm Relaxation</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Gentle Stretch</p> <p>10:30am Coffee and Tea Social</p> <p>11:00am Name That Tune</p> <p>1:30pm BINGO</p> <p>2:30pm Manicures</p> <p>3:00pm Afternoon Workout</p> <p>4:00pm Guess Who?</p> <p>6:00pm Movie: To Kill a Mocking Bird</p> <p>7:00pm Relaxation</p>
<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle/ This Day</p> <p>10:00am Morning Workout</p> <p>10:30am Chicken Soup for the Soul</p> <p>11:00am Uplifting Music</p> <p>1:30pm Puzzle Time/ Football</p> <p>2:30pm Pumpkin Social</p> <p>3:00pm Manicures</p> <p>4:00pm Alphabet Game: Movies</p> <p>6:00pm BINGO</p> <p>7:00pm Classic TV</p>	<p>9:00am Morning Welcome</p> <p>9:30am Daily Chronicle</p> <p>10:00am Gentle Stretch</p> <p>10:30am Humor Me</p> <p>11:00am Around the World: Argentina</p> <p>1:30pm Everyone Loves Trivia</p> <p>2:30pm Residents Choice</p> <p>3:00pm Afternoon Stretch</p> <p>4:00pm Story Hour</p> <p>6:00pm What Year Was it?</p> <p>7:00pm Jeopardy</p>	<p style="text-align: center;">Happy Birthday to YOU!</p> <p>Norman V. 9/1</p> <p>Peggy G. 9/6</p> <p>Letha W. 9/9</p> <p>Alice G. 9/16</p> <p>John J. 9/18</p> <p>Thomas H. 9/24</p> <p style="text-align: center;"></p>	<p style="text-align: center;">Alzheimer's SD Support Group</p> <p style="text-align: center;"></p> <p style="text-align: center;">Meets every 1st & 3rd</p> <p style="text-align: center;">Tuesday of the month @ 6:00</p>	<p style="text-align: center;">Our Beauty Salon is now open on Tuesday & Friday</p> <p style="text-align: center;"></p>	<p style="text-align: center;"><u>Locations for Activities</u></p> <p>DR Dining Room - 1st Floor</p> <p>2D 2nd Floor Dining Room</p> <p>3D 3rd Floor Dining Room</p> <p>3L 3rd Floor Lounge</p> <p>4L 4th Floor Living Room</p>	<p style="text-align: center;"></p>