

STELLAR CARE

4518 54th Street
San Diego, CA 92115
License # 374603625

Postage
Information

The Stellar Care Chronicle

Stellar Care \* 4518 54th Street \* San Diego, CA 92115 \* p 619-287-2920 \* f 619-286-8534\*



RESIDENT RAVE

Sidney Derenburger

The thesaurus provides several interesting synonyms for the word "retire." Some of these include: part, yield, retreat, withdraw, resign. Sidney Derenburger, along with his life partner, Mary, threw these words out the window and decided to take retirement by storm.

Sidney was born in beautiful Montana on February 8th, 1932. He joined the military as a young adult and was in the US Navy for more than twenty years. The last city he was stationed in was San Diego. With the beautiful weather and nice scenery, Sidney decided to stay. He joined the Sheriff's department and worked in helping to investigate possible crimes related to narcotics. He continued in this work for over thirty years. Sidney's career in law enforcement illustrated his value for organization and justice. He never shied away from enforcing the law, even when it meant confronting dangerous situations.

After a long and fulfilling career, Sidney retired and joined the Elks Lodge. At one of these meetings, he met Mary Platter. Mary is a lively and dynamic woman, always looking to travel to new places. She has been to all fifty states at least once and all but four of them twice. The rest is history. Sidney and Mary found wonderful companionship with one another and became life partners. They joined a club of individuals who were veterans or spouses/widows of veterans. The people in this group would meet regularly with their campers or RVs and travel all throughout the United States together. Sidney and Mary loved traveling and were always on the go. Lynn, Mary's daughter, would also join them on many excursions. Aside from traveling throughout the US, they have been to beautiful locations abroad, such as Iceland and Egypt. Mary shared that on their trip to Egypt, she was determined to fulfill a longtime dream of riding a camel. Sidney, on the other hand, refused to ride one and decided to watch. Mary got up and rode the camel on her own and recalls this moment as one of the best during their travels. Of all the places they've been across North America and beyond, Mary and Sidney revealed that their favorites weren't so far away. They loved the sunshine and beaches of Hawaii, and seeing the northern lights in Alaska. They maintain that some of the most wonderful places are in one's own backyard.

Continued inside...

Celebrating June

Lemonade Days

June 1-9

World Bicycle Day

June 3

Father's Day

June 16

Social Media Day

June 30

Linda Cho

Executive Director

Barbara Moore

Business Director

Annelie Damasco

Assisted Living Director

Susan O'Shaughnessy

Marketing Director

Rachel Robinson

Activities Director

Chris Cho

Building & Maintenance Director

Chris Moore

Culinary Services & Laundry

Miscellaneous Announcements

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\*\* Please refrain from taking loved ones into stairwells, several visitors have used keypad codes in front of residents, even said the code out loud. Remember that some days, even with our fading memory, some residents have been able to remember these codes.

\*\* Remember to check your family members' mail on your next visit.

\*\* To ensure the safety of all residents, do NOT leave the following in resident rooms: sharp objects such as scissors, pocketknives, needles tools and chemicals such as cleaning supplies. All medications should be in med. dept.

\*\* Do you have a family member, friend, or neighbor who would like to receive this newsletter? Please leave a note or email Barbara (barbaram@stellarcared.com) with their name and address.

June Birthdays

In astrology, those born June 1-20 are Gemini's Twins. Twins seem to have two personalities and can blend into any situation. They have an energetic and fun-loving side that is the life of the party, but also a deep and emotional side that needs love and nurturing.

Those born June 21-30 are the Crabs of Cancer. Guided by their hearts, Crabs are emotional and nurturing. They create deep bonds and comfortable homes and are always willing to welcome people into their circle.

- Richard G ..... Jun. 2nd
Michele W ..... Jun. 2nd
Mary D ..... Jun. 5th
Agnes R ..... Jun. 8th
Lita R ..... Jun. 20th
Mary Jane T ..... Jun. 22nd
Fred M ..... Jun. 26th



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