

# STELLAR CARE - Activities Calendar

## February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Happy Birthday to YOU!</b> Marilyn V. 2/2 Kathleen C. 2/6 Rita M. 2/7 Sidney D. 2/8 Rose Z. 2/12 Frances G. 2/13 Judith M. 2/16 Janet D. 2/25 Anne Q. 2/26 Lourdes S. 2/29 	<b>Our Beauty Salon is now open on Tuesday &amp; Friday</b> 	 <b>Happy New Year 2019</b>	<b>Alzheimer's SD Support Group</b>  <b>Meets every 1st &amp; 3rd Tuesday of the month @ 6:00</b>	9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Celebrity News 10:30am Refreshment Break 11:00am Famous African Americans 1:30pm Matching Games 2:00pm <b>Visit from Paws to Share</b> 3:00pm Spelling Bee 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing Ch. 10	<b>Groundhog Day</b> 9:00am Daily Chronicle 9:30am Morning Workout 10:00am Groundhog Day Fun Facts 10:30am Refreshment Break 11:00am Groundhog Word Games 1:30pm Fast Trivia 2:00pm <b>Clairemont Church</b> 3:00pm Music Appreciation 4:00pm BINGO 6:00pm Movie Night 8:00pm Relaxation 
9:00am Daily Chronicle 9:30am Morning Stretch 10:00am Encouraging Word 10:30am Refreshment Break 11:00am Sing, Sing, Sing 1:30pm Football Trivia 2:30pm <b>Super Bowl Party</b> 3:00pm Puzzle Time 4:00pm Alphabet Game: Animals 6:00pm BINGO 8:00pm Classic TV	9:00am Daily Chronicle 9:30am Chair Dancing 10:00am Faces and Places 10:30am Refreshment Break 11:00am Bean Bag Toss 1:30pm Afternoon Workout 2:00pm <b>Music w/ Laura</b> 3:00pm Memory Lane 4:00pm President Trivia 6:00pm What Year Was It? 8:00pm America's Got Talent Ch. 7	<b>Lunar New Year</b> 9:00am Daily Chronicle 9:30am Gentle Chair Yoga 10:00am Name 10 10:30am Refreshment Break 11:00am <b>Music w/ Joseph</b> 1:30pm Afternoon Workout 2:30pm <b>Lunar New Year Celebration</b> 3:00pm Bible Study 4:00pm Jeopardy 6:00pm BINGO 8:00pm NCIS Ch. 8 	9:00am Daily Chronicle 9:30am Morning Workout 10:00am You Be the Judge 10:30am Refreshment Break 11:00am Finish The Lyric 1:30pm Memories in the Making 2:00pm Mandala Hour 3:00pm Fill in the Blank 4:00pm Balloon Volley 6:00pm Poetry 8:00pm Nature PBS	9:00am Daily Chronicle 9:30am Chair Dancing 10:00am Who, What, When? 10:30am Refreshment Break 11:30am <b>Res. Outing- Olive Garden</b> 1:30pm News Break 2:00pm Word Games 3:00pm Ball Toss 4:00pm True or False 6:00pm Documentary 8:00pm Ellen's Games Ch. 7	9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Celebrity News 10:30am Refreshment Break 11:00am Famous African Americans 1:30pm Matching Games 2:00pm <b>Visit from Paws to Share</b> 3:00pm Spelling Bee 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing Ch. 10 	9:00am Daily Chronicle 9:30am Morning Workout 10:00am Famous Birthdays 10:30am Refreshment Break 11:00am Name that Tune 1:30pm Fast Trivia 2:00pm Travel Hour 3:00pm Music Appreciation 4:00pm BINGO 6:00pm Movie Night 8:00pm Relaxation
9:00am Daily Chronicle 9:30am Morning Stretch 10:00am Encouraging Word 10:30am Refreshment Break 11:00am Sing, Sing, Sing 1:30pm Table Games 2:30pm <b>Popcorn Party</b> 3:00pm Puzzle Time 4:00pm Alphabet Game: Names 6:00pm BINGO 8:00pm Classic TV	9:00am Daily Chronicle 9:30am Chair Dancing 10:00am Faces and Places 10:30am <b>Catholic Services</b> 11:00am Bean Bag Toss 1:30pm Afternoon Workout 2:00pm <b>Res. Birthday Party</b> 3:00pm Memory Lane 4:00pm President Trivia 6:00pm What Year Was It? 8:00pm America's Got Talent Ch. 7 	9:00am Daily Chronicle 9:30am Gentle Chair Yoga 10:30am Refreshment Break 11:00am Balloon Battle 1:00pm <b>Music Therapy</b> 1:30pm Art w/ Tori 2:30pm Tea Time 3:00pm Bible Study 4:00pm Jeopardy 6:00pm BINGO 8:00pm NCIS Ch. 8 	9:00am Daily Chronicle 9:30am Morning Workout 10:00am You Be the Judge 11:00am <b>Res. Otg.- Botanical Gard.</b> 1:15pm <b>Non-Denom. Services</b> 1:30pm Memories in the Making 2:00pm Mandala Hour 3:00pm Fill in the Blank 4:00pm Balloon Volley 6:00pm Poetry 8:00pm Nature PBS 	<b>Valentine's Day</b> 9:00am Daily Chronicle 9:30am Chair Dancing 10:00am Valentine's Trivia 10:30am Refreshment Break 11:00am Heart Toss 1:30pm Fabulous 50's Karaoke 2:30pm <b>Ice Cream Soda Social</b> 3:00pm Ball Toss 4:00pm Love Word Games 6:00pm Documentary 8:00pm Ellen's Games Ch. 7 	9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Celebrity News 10:30am Refreshment Break 11:00am Famous African Americans 1:30pm Matching Games 2:00pm <b>Visit from Paws to Share</b> 3:00pm Spelling Bee 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing Ch. 10	9:00am Daily Chronicle 9:30am Morning Workout 10:00am Famous Birthdays 10:30am Refreshment Break 11:00am Name that Tune 1:30pm Fast Trivia 2:00pm Travel Hour 3:00pm Music Appreciation 4:00pm BINGO 6:00pm Movie Night 8:00pm Relaxation 
9:00am Daily Chronicle 9:30am Morning Stretch 10:00am Encouraging Word 10:30am Refreshment Break 11:00am <b>SD Humane Society</b> 1:30pm Table Games 2:30pm <b>Brownie Social</b> 3:00pm Puzzle Time 4:00pm Alphabet Game: Food 6:00pm BINGO 8:00pm Classic TV	<b>Presidents' Day</b> 9:00am Daily Chronicle 9:30am Chair Dancing 10:00am Presidential Fun Facts 10:30am Refreshment Break 11:00am Bean Bag Toss 1:30pm Afternoon Workout 2:00pm <b>Music w/ Laura</b> 3:00pm Memory Lane: Presidents 4:00pm President Word Fun 6:00pm What Year Was It? 8:00pm America's Got Talent Ch. 7 	9:00am Daily Chronicle 9:30am Gentle Chair Yoga 10:00am Name 10 10:30am Refreshment Break 11:00am Balloon Battle 1:30pm Art w/ Tori 2:30pm Tea Time 3:00pm Bible Study 4:00pm Jeopardy 6:00pm BINGO 8:00pm NCIS Ch. 8	9:00am Daily Chronicle 9:30am Morning Stretch 10:00am You Be the Judge 10:30am Refreshment Break 11:00am Finish the Line 1:30pm Memories in the Making 2:00pm Mandala Hour 3:00pm Fill in the Blank 4:00pm Balloon Volley 6:00pm Poetry 8:00pm Nature PBS	9:00am Daily Chronicle 9:30am Chair Dancing 10:00am Who, What, When? 11:00am <b>Res. Outing - Barona</b> 11:30am <b>Res. Council Meeting</b> 1:30pm News Break 2:00pm Word Games 3:00pm Ball Toss 4:00pm True or False 6:00pm Documentary 8:00pm Ellen's Games Ch. 7 	9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Celebrity News 10:30am Refreshment Break 11:00am Famous African Americans 1:30pm Matching Games 2:00pm <b>Visit from Paws to Share</b> 3:00pm Spelling Bee 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing Ch. 10	9:00am Daily Chronicle 9:30am Morning Stretch 10:00am Famous Birthdays 10:30am Refreshment Break 11:00am Name that Tune 1:30pm Fast Trivia 2:00pm Travel Hour 3:00pm <b>Piano w/ Zina</b> 4:00pm BINGO 6:00pm Movie Night 8:00pm Relaxation
9:00am Daily Chronicle 9:30am Morning Stretch 10:00am Encouraging Word 10:30am Refreshment Break 11:00am Sing, Sing, Sing 1:30pm Table Games 2:30pm <b>Hollywood Social</b> 3:00pm Puzzle Time 4:00pm History of Academy Awards 6:00pm Academy Awards 8:00pm Classic TV	9:00am Daily Chronicle 9:30am Chair Dancing 10:00am Faces and Places 10:30am <b>Catholic Services</b> 11:00am Bean Bag Toss 1:30pm Afternoon Workout 2:00pm Residents Choice 3:00pm Memory Lane 4:00pm President Trivia 6:00pm What Year Was It? 8:00pm America's Got Talent Ch. 7 	9:00am Daily Chronicle 9:30am Gentle Chair Yoga 10:30am Refreshment Break 11:00am Balloon Battle 1:00pm <b>Music Therapy</b> 1:30pm Art w/ Tori 2:30pm Tea Time 3:00pm Bible Study 4:00pm Jeopardy 6:00pm BINGO 8:00pm NCIS Ch. 8	9:00am Daily Chronicle 9:30am Morning Stretch 10:00am <b>Visit w/ USS Makin Island</b> 10:30am Refreshment Break 11:00am Finish the Quote 1:30pm Memories in the Making 2:00pm Mandala Hour 3:00pm Fill in the Blank 4:00pm Balloon Volley 6:00pm Poetry 8:00pm Nature PBS 	9:00am Daily Chronicle 9:30am Chair Dancing 10:00am Who, What, When? 10:30am Refreshment Break 11:00am Comedy Hour 1:30pm News Break 2:00pm <b>Res. Outing - Ice Cream</b> 3:00pm Ball Toss 4:00pm True or False 6:00pm Documentary 8:00pm Ellen's Games Ch. 7		<b>Locations for Activities</b> DR Dining Room - 1st Floor 2D 2nd Floor Dining Room 3D 3rd Floor Dining Room 3L 3rd Floor Lounge 4L 4th Floor Living Room