




















STELLAR CARE - Activities Calendar

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">Our Beauty Salon is now open on Tuesday & Friday</p> 	<p style="text-align: center;">Happy Birthday to You!</p> <p>Dan S.  1/1 Mieko L. 1/1 Shirley F. 1/6 Wendy S. 1/6 Don E. 1/16 Amina L. 1/29 Robert B. 1/29</p>	<p style="text-align: center;">New Year's Day 1</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am New Years Day Trivia 10:30am Bean Bag Toss 11:00am Traditions Around the world 1:30pm Afternoon Stretch 2:00pm News Year Social  3:00pm Movie Quotes 4:00pm New Years Word Games 6:00pm BINGO 7:00pm Let's Chat</p>	<p style="text-align: center;">2</p> <p>9:00am Pool Noodle Workout 9:30am Daily Chronicle 10:00am You Be the Judge 10:30am Refreshment Break 11:00am Balloon Volley 1:30pm Memories in the Making 2:00pm Arts and Crafts 3:00pm Famous Landmarks 4:00pm Wacky Word Wednesday 6:00pm Poetry Night 7:00pm Relaxation</p>	<p style="text-align: center;">3</p> <p>9:00am Chair Dancing  9:30am Morning News 10:00am Who, What, When? 10:30am Refreshment Break 11:00am Res. Outing - Gem Society 1:30pm Crafters Corner 2:00pm Afternoon News Break 3:00pm Did You Know? 4:00pm Can You Picture It? 6:00pm Documentary: Hidden Hawaii 7:00pm Let's Talk About It</p>	<p style="text-align: center;">4</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am World According to Luis 10:30am Refreshment Break 11:00am Famous Birthdays 1:30pm Spelling Bee 2:00pm Visit from Paws to Share 3:00pm Name That Tune 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing CH10</p>	<p style="text-align: center;">5</p> <p>9:00am Pool Noodle Workout 9:30am Daily Chronicle 10:00am Sing Along with Corey 10:30am Refreshment Break  11:00am Famous People 1:30pm BINGO 2:30pm Clairemont Church 3:00pm Afternoon Stretch 4:00pm Resident's Choice 6:00pm Movie: The Harvey Girls 8:00pm Relaxation</p>
<p style="text-align: center;">6</p> <p>9:00am Morning Stretch 9:30am Daily Chronicle 10:00am Chicken Soup for the Soul 10:30am Refreshment Break 11:00am Uplifting Sing Along 1:30pm Game Day 2:30pm Golden Globe Social 3:30pm Puzzle Time 4:00pm Wheel of Fortune 6:00pm BINGO 7:00pm America's Funniest H. Videos</p>	<p style="text-align: center;">7</p> <p>9:00am Chair Dancing 9:30am Morning News 10:00am Faces and Places 10:30am Refreshment Break 11:00am Balloon Battle  1:30pm Quick Trivia 2:00pm Music w/ Laura 3:00pm Memory Lane: Cookbooks 4:00pm Story Hour 6:00pm Creative Writing 8:00pm America's Got Talent CH7</p>	<p style="text-align: center;">8</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:30am Refreshment Break 11:00am Bean Bag Toss 1:00pm Music Therapy 1:30pm Memories in the Making 2:30pm Elvis Social 3:00pm Elvis Sing Along 4:00pm Jeopardy 6:00pm BINGO 7:00pm Let's Chat</p>	<p style="text-align: center;">9</p> <p>9:00am Pool Noodle Workout 9:30am Daily Chronicle 10:00am You Be the Judge  10:30am Refreshment Break 1:15pm Non-Denom. Services 1:30pm Memories in the Making 2:00pm Arts and Crafts 3:00pm Famous Landmarks 4:00pm Wacky Word Wednesday 6:00pm Poetry Night 7:00pm Relaxation</p>	<p style="text-align: center;">10</p> <p>9:00am Chair Dancing  9:30am Morning News 10:00am Who, What, When? 10:30am Refreshment Break 11:00am Res. Outing - Bowling 1:30pm Crafters Corner 2:00pm Afternoon News Break 3:00pm Did You Know? 4:00pm Can You Picture It? 6:00pm Documentary: The Discoverers 7:00pm Let's Talk About It</p>	<p style="text-align: center;">11</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am World According to Luis 10:30am Refreshment Break 11:00am Famous Birthdays 1:30pm Math Games 2:00pm Visit from Paws to Share  3:00pm Name That Tune 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing CH10</p>	<p style="text-align: center;">12</p> <p>9:00am Pool Noodle Workout 9:30am Daily Chronicle 10:00am Sing Along 10:30am Refreshment Break 11:00am Famous People 1:30pm BINGO 2:00pm Armchair Travels 3:00pm Afternoon Stretch 4:00pm Resident's Choice 6:00pm Movie: True Grit 8:00pm Relaxation</p>
<p style="text-align: center;">13</p> <p>9:00am Morning Stretch  9:30am Daily Chronicle 10:00am Chicken Soup for the Soul 10:30am Refreshment Break 11:00am Uplifting Sing Along 1:30pm Game Day 2:30pm Cocoa Social 3:30pm Puzzle Time 4:00pm Wheel of Fortune 6:00pm BINGO 7:00pm AFHV</p>	<p style="text-align: center;">14</p> <p>9:00am Chair Dancing 9:30am Morning News 10:00am Faces and Places 10:30am Catholic Services 11:00am Balloon Battle 1:30pm Quick Trivia 2:00pm Sing Along 3:00pm Memory Lane: Snow Days 4:00pm Story Hour 6:00pm Creative Writing 8:00pm America's Got Talent CH7</p>	<p style="text-align: center;">15</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am Three of the Same 10:30am Refreshment Break  11:00am Bean Bag Toss 1:30pm Word Search Hour 2:30pm Resident Birthday Party 3:30pm Afternoon Stretch 4:00pm Jeopardy 6:00pm BINGO 7:00pm Let's Chat</p>	<p style="text-align: center;">16</p> <p>9:00am Pool Noodle Workout 9:30am Daily Chronicle 10:00am You Be the Judge 10:30am Refreshment Break 11:00am Balloon Volley 1:30pm Memories in the Making 2:00pm Arts and Crafts 3:00pm Famous Landmarks 4:00pm Wacky Word Wednesday 6:00pm Poetry Night 7:00pm Relaxation</p>	<p style="text-align: center;">17</p> <p>9:00am Chair Dancing 9:30am Morning News 10:00am Who, What, When? 10:30am Refreshment Break  11:00am Res. Council Meeting 1:30pm Crafters Corner 2:00pm Res. Outing - Ice Cream 3:00pm Did You Know? 4:00pm Can You Picture It? 6:00pm Documentary: I Have a Dream 7:00pm Let's Talk About It</p>	<p style="text-align: center;">18</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am World According to Luis 10:30am Refreshment Break 11:00am Famous Birthdays 1:30pm Spelling Bee 2:00pm Visit from Paws to Share 3:00pm Name That Tune 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing CH10</p>	<p style="text-align: center;">19</p> <p>9:00am Pool Noodle Workout 9:30am Daily Chronicle 10:00am Sing Along with Corey 10:30am Refreshment Break 11:00am Famous People 1:30pm BINGO 2:00pm Armchair Travels 3:00pm Afternoon Stretch 4:00pm Resident's Choice 6:00pm Movie: Seabiscuit 8:00pm Relaxation</p>
<p style="text-align: center;">20</p> <p>9:00am Morning Stretch 9:30am Daily Chronicle 10:00am Chicken Soup for the Soul 10:30am Refreshment Break 11:00am SD Humane Society 1:30pm Game Day 2:30pm Cheese Social  3:30pm Puzzle Time 4:00pm Wheel of Fortune 6:00pm BINGO 7:00pm AFHV</p>	<p style="text-align: center;">21</p> <p style="text-align: center;">MLK Jr. Day</p> <p>9:00am Chair Dancing 9:30am Morning News 10:00am MLK History / Facts 10:30am Refreshment Break 11:00am Balloon Battle 1:30pm Quick Trivia 2:00pm Music w/ Laura 3:00pm Memory Lane: Civil Rights 4:00pm Story Hour 6:00pm Creative Writing 8:00pm America's Got Talent CH7</p>	<p style="text-align: center;">22</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:30am Three of the Same 11:00am Bean Bag Toss 1:00pm Music Therapy 1:30pm Word Search Hour 2:00pm Tea Time 3:00pm Bible Study  4:00pm Jeopardy 6:00pm BINGO 7:00pm Let's Chat</p>	<p style="text-align: center;">23</p> <p>9:00am Pool Noodle Workout 9:30am Daily Chronicle 10:00am You Be the Judge  10:30am Refreshment Break 11:00am Balloon Volley 1:30pm Memories in the Making 2:00pm Arts and Crafts 3:00pm Famous Landmarks 4:00pm Wacky Word Wednesday 6:00pm Poetry Night 7:00pm Relaxation</p>	<p style="text-align: center;">24</p> <p>9:00am Chair Dancing 9:30am Morning News 10:00am Who, What, When? 10:30am Refreshment Break 11:00am Res. Out- Museum of Man 1:30pm Crafters Corner 2:00pm Afternoon News Break 3:00pm Did You Know? 4:00pm Can You Picture It? 6:00pm Documentary: The Jaguars 7:00pm Let's Talk About It</p>	<p style="text-align: center;">25</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am World According to Luis 10:30am Refreshment Break 11:00am Famous Birthdays 1:30pm Math Games 2:00pm Visit from Paws to Share 3:00pm Name That Tune 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing CH10</p>	<p style="text-align: center;">26</p> <p>9:00am Pool Noodle Workout 9:30am Daily Chronicle 10:00am Sing Along with Corey 10:30am Refreshment Break  11:00am Famous People 1:30pm BINGO 2:00pm Armchair Travels 3:00pm Piano w/ Zina 4:00pm Resident's Choice 6:00pm Movie: Paris When It Sizzles 8:00pm Relaxation</p>
<p style="text-align: center;">27</p> <p>9:00am Morning Stretch 9:30am Daily Chronicle 10:00am Chicken Soup for the Soul 10:30am Refreshment Break 11:00am Uplifting Sing Along 1:30pm Game Day 2:30pm Mad Hatter Social  3:30pm Puzzle Time 4:00pm Wheel of Fortune 6:00pm BINGO 7:00pm AFHV</p>	<p style="text-align: center;">28</p> <p>9:00am Chair Dancing 9:30am Morning News 10:00am Faces and Places 10:30am Catholic Services 11:00am Balloon Battle 1:30pm Quick Trivia 2:00pm Sing Along 3:00pm Memory Lane: Winter 4:00pm Story Hour 6:00pm Creative Writing 8:00pm America's Got Talent CH7</p>	<p style="text-align: center;">29</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am Three of the Same 10:30am Refreshment Break 11:00am Bean Bag Toss 1:30pm Word Search Hour 2:00pm Tea Time 3:00pm Bible Study 4:00pm Jeopardy 6:00pm BINGO  7:00pm Let's Chat</p>	<p style="text-align: center;">30</p> <p>9:00am Pool Noodle Workout 9:30am Daily Chronicle 10:00am You Be the Judge 10:30am Refreshment Break 11:00am Balloon Volley 1:30pm Memories in the Making 2:00pm Arts and Crafts 3:00pm Famous Landmarks 4:00pm Wacky Word Wednesday 6:00pm Poetry Night 7:00pm Relaxation</p>	<p style="text-align: center;">31</p> <p>9:00am Chair Dancing 9:30am Morning News 10:00am Who, What, When? 10:30am Refreshment Break 11:00am Res. Outing- Old Town 1:30pm Crafters Corner 2:00pm Afternoon News Break 3:00pm Did You Know? 4:00pm Can You Picture It? 6:00pm Documentary: Mother Teresa 7:00pm Let's Talk About It</p>	<p>Alzheimer's SD Support Group</p> <p></p> <p>Meets every 1st & 3rd</p> <p>Tuesday of the month @ 6:00</p>	
						<p style="text-align: center;"><u>Locations for Activities</u></p> <p>DR Dining Room - 1st Floor</p> <p>2D 2nd Floor Dining Room</p> <p>3D 3rd Floor Dining Room</p> <p>3L 3rd Floor Lounge</p> <p>4L 4th Floor Living Room</p>