

# STELLAR CARE - Activities Calendar

## December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">30</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Stretch</p> <p>10:00am Good News / Proverbs</p> <p>10:30am Refreshment Break</p> <p>11:00am Uplifting Sing Along</p> <p>1:30pm Game Day</p> <p>2:30pm Happy Hour</p> <p>3:30pm Puzzle Time</p> <p>4:00pm Word Games</p> <p>6:00pm BINGO</p> <p>7:00pm Did You Know???</p>	<p style="text-align: right;">31</p> <p style="text-align: center;"><b>New Year's Eve</b></p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Morning Workout</p> <p>10:00am Famous Birthdays</p> <p>10:30am Refreshment Break</p> <p>11:00am Balloon Battle</p> <p>1:30pm Who Said It?</p> <p>2:00pm Music Appreciation</p> <p>3:00pm Word Games: Letter W</p> <p>4:00pm Year Review</p> <p>6:00pm <b>New Year's Eve Celebration</b></p> <p>8:00pm Holiday Baking Challenge</p>	<p style="text-align: center;"><b>Our Beauty Salon is now open on Tuesday &amp; Friday</b></p> 	<p style="text-align: center;"><u>Locations for Activities</u></p> <p>DR Dining Room - 1st Floor</p> <p>2D 2nd Floor Dining Room</p> <p>3D 3rd Floor Dining Room</p> <p>3L 3rd Floor Lounge</p> <p>4L 4th Floor Living Room</p>		<p style="text-align: center;"><b>Happy Birthday to YOU!</b></p> <p>Jeanne C. 12/1</p> <p>Adele M. 12/2</p> <p>Joyce V. 12/11</p> <p>Mary S. 12/12</p> <p>Virginia G. 12/14</p> <p>Joanne C. 12/17</p> <p>Lois S. 12/29</p> <p>Trinidad V. 12/29</p> 	<p style="text-align: right;">1</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Morning Stretch</p> <p>10:00am News Break</p> <p>10:30am Refreshment Break</p> <p>11:00am <b>Do Dream Drummers</b></p> <p>1:30pm Arm Chair Travels</p> <p>2:00pm <b>Clairemont Church</b></p> <p>3:00pm Music Hour</p> <p>4:00pm BINGO</p> <p>6:00pm Christmas Movie Night</p> <p>8:00pm Relaxation</p>
<p style="text-align: center;"><b>Hanukkah Begins</b></p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Stretch</p> <p>10:00am Good News / Proverbs</p> <p>10:30am Refreshment Break</p> <p>11:00am Uplifting Sing Along</p> <p>1:30pm Game Day</p> <p>2:30pm <b>Sugar Cookie Social</b></p> <p>3:30pm Puzzle Time</p> <p>4:00pm Hanukkah Word Games</p> <p>6:00pm BINGO</p> <p>7:00pm Did You Know???</p> 	<p style="text-align: right;">3</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Morning Workout</p> <p>10:00am Famous Birthdays</p> <p>10:30am Refreshment Break</p> <p>11:00am Balloon Battle</p> <p>1:30pm Who Said It?</p> <p>2:00pm <b>Music w/ Laura</b></p> <p>3:00pm Word Games: Letter F</p> <p>4:00pm Hanukkah Fun Facts</p> <p>6:00pm Creative Writing</p> <p>8:00pm The Voice</p> <p style="text-align: right;">Ch 10</p>	<p style="text-align: right;">4</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Chair Dancing</p> <p>10:00am Current Events</p> <p>10:30am Refreshment Break</p> <p>11:30am <b>Music w/ Joseph</b></p> <p>1:30pm Stellar Choir Practice</p> <p>2:00pm Zen Doodles</p> <p>3:00pm Mid Day Stretch</p> <p>4:00pm Christmas Story w/ Tori</p> <p>6:00pm Bingo</p> <p>8:00pm The Voice</p> 	<p style="text-align: right;">5</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Stretch</p> <p>10:00am <b>Visit w/ USS Makin Island</b></p> <p>10:30am Refreshment Break</p> <p>11:00am Walt Disney Fun Facts</p> <p>1:30pm Stellar Choir Practice</p> <p>2:00pm Crafting Hour</p> <p>3:00pm Sing Along</p> <p>4:00pm Jeopardy</p> <p>6:00pm Poetry in Motion</p> <p>7:00pm Residents' Choice</p>	<p style="text-align: right;">6</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Chair Dancing</p> <p>10:00am Faces and Places</p> <p>10:30am Refreshment Break</p> <p>11:00am <b>Res. Out.-Museum of Man</b></p> <p>1:30pm Name Ten</p> <p>2:00pm The Price is Right</p> <p>3:00pm Balloon Toss</p> <p>4:00pm Around the World</p> <p>6:00pm Documentary: Pearl Harbor</p> <p>7:00pm Let's Talk About It</p>	<p style="text-align: center;"><b>Pearl Harbor Day</b></p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Yoga</p> <p>10:00am World According to Luis</p> <p>10:30am Refreshment Break</p> <p>11:00am Biography Hour</p> <p>1:30pm Math Games</p> <p>2:00pm <b>Visit from Paws to Share</b></p> <p>3:00pm Name That Tune</p> <p>4:00pm Interesting Facts</p> <p>6:00pm BINGO</p> <p>8:00pm Last Man Standing</p> 	<p style="text-align: right;">8</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Morning Stretch</p> <p>10:00am News Break</p> <p>10:30am Refreshment Break</p> <p>11:00am Famous People</p> <p>1:30pm Arm Chair Travels</p> <p>2:00pm Afternoon Stretch</p> <p>3:00pm Music Hour</p> <p>4:00pm BINGO</p> <p>6:00pm Christmas Movie Night</p> <p>8:00pm Relaxation</p>
<p style="text-align: right;">9</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Stretch</p> <p>10:00am Mission Nazarene Church</p> <p>10:30am Refreshment Break</p> <p>11:00am Uplifting Sing Along</p> <p>1:30pm Game Day</p> <p>2:30pm <b>Caroling w/ Hope Scouts</b></p> <p>3:30pm Puzzle Time</p> <p>4:00pm Word Games</p> <p>6:00pm BINGO</p> <p>7:00pm Did You Know???</p>	<p style="text-align: right;">10</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Morning Workout</p> <p>10:00am Mission Nazarene Church</p> <p>10:30am <b>Catholic Services</b></p> <p>11:00am Balloon Battle</p> <p>1:30pm Who Sang It?</p> <p>2:30pm <b>Resident Birthday Party</b></p> <p>3:30pm Word Games: Letter G</p> <p>4:00pm Christmas Fun Facts</p> <p>6:00pm Creative Writing</p> <p>7:00pm <b>Res Holiday Party (A-L)</b></p> 	<p style="text-align: right;">11</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Chair Dancing</p> <p>10:00am Current Events</p> <p>10:30am Refreshment Break</p> <p>11:00pm <b>Music Therapy</b></p> <p>1:30pm Stellar Choir Practice</p> <p>2:00pm Zen Doodles</p> <p>3:00pm Mid Day Stretch</p> <p>4:00pm Christmas Story w/ Tori</p> <p>6:00pm BINGO - 4th Floor</p> <p>7:00pm <b>Res Holiday Party (M-Z)</b></p>	<p style="text-align: right;">12</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Stretch</p> <p>10:00am Who, What, When?</p> <p>10:30am Refreshment Break</p> <p>11:15pm <b>Non-Denom Services</b></p> <p>1:30pm Memories in the Making</p> <p>2:00pm Crafting Hour</p> <p>3:00pm Sing Along</p> <p>4:00pm Jeopardy</p> <p>6:00pm Poetry in Motion</p> <p>7:00pm Residents' Choice</p>	<p style="text-align: right;">13</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Chair Dancing</p> <p>10:00am Faces and Places</p> <p>10:30am Refreshment Break</p> <p>11:00am <b>Res. Outing - Barona</b></p> <p>1:30pm Name Ten</p> <p>2:00pm Let's Make a Deal</p> <p>3:00pm Balloon Toss</p> <p>4:00pm Around the World</p> <p>6:00pm Docu: Christmas Unwrapped</p> <p>7:00pm Let's Talk About It</p> 	<p style="text-align: right;">14</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Stretch</p> <p>10:00am World According to Luis</p> <p>10:30am Refreshment Break</p> <p>11:00am <b>Chair Yoga</b></p> <p>1:30pm Spelling Bee</p> <p>2:00pm <b>Visit from Paws to Share</b></p> <p>3:00pm Name That Tune</p> <p>4:00pm Interesting Facts</p> <p>6:00pm BINGO</p> <p>8:00pm Last Man Standing</p>	<p style="text-align: right;">15</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Morning Stretch</p> <p>10:00am News Break</p> <p>10:30am Refreshment Break</p> <p>11:00am Famous People</p> <p>1:30pm Arm Chair Travels</p> <p>2:00pm <b>Caroling w/ Girl Scouts</b></p> <p>3:00pm Afternoon Stretch</p> <p>4:00pm BINGO</p> <p>6:00pm Christmas Movie Night</p> <p>8:00pm Relaxation</p> 
<p style="text-align: right;">16</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Stretch</p> <p>10:00am Good News / Proverbs</p> <p>10:30am Refreshment Break</p> <p>11:00am Uplifting Sing Along</p> <p>1:30pm Game Day</p> <p>2:30pm <b>Scrabble Social</b></p> <p>4:00pm Word Games</p> <p>5:00pm <b>Christmas Carolers</b></p> <p>6:00pm BINGO</p> <p>7:00pm Did You Know???</p> 	<p style="text-align: right;">17</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Morning Workout</p> <p>10:00am Famous Birthdays</p> <p>10:30am Refreshment Break</p> <p>11:00am Balloon Battle</p> <p>1:30pm Who Said It?</p> <p>2:00pm <b>Music w/ Laura</b></p> <p>3:00pm Word Games: Letter H</p> <p>4:00pm Christmas Fun Facts</p> <p>6:00pm Creative Writing</p> <p>8:00pm Holiday Baking Challenge</p>	<p style="text-align: right;">18</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Chair Dancing</p> <p>10:00am Current Events</p> <p>10:30am Refreshment Break</p> <p>11:00am Bean Bag Toss</p> <p>1:30pm Remember When</p> <p>2:00pm Zen Doodles</p> <p>3:00pm Mid Day Stretch</p> <p>4:00pm Christmas Story w/ Tori</p> <p>6:00pm BINGO</p> <p>8:00pm NCIS</p> <p style="text-align: right;">Ch 8</p>	<p style="text-align: right;">19</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Stretch</p> <p>10:00am Who, What, When?</p> <p>10:30am Refreshment Break</p> <p>11:00am Christmas Trivia</p> <p>1:30pm Memories in the Making</p> <p>2:00pm Crafting Hour</p> <p>3:00pm Sing Along</p> <p>4:00pm Jeopardy</p> <p>6:00pm Poetry in Motion</p> <p>7:00pm Residents' Choice</p> 	<p style="text-align: right;">20</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Chair Dancing</p> <p>10:00am Faces and Places</p> <p>11:00am <b>Res. Council Meeting</b></p> <p>11:00am <b>Res., Outing - Lunch</b></p> <p>1:30pm Name Ten</p> <p>2:00pm Family Feud</p> <p>3:00pm Balloon Toss</p> <p>4:00pm <b>Waldorf Choir</b></p> <p>6:00pm It's a Wonderful Life</p> <p>8:00pm Relaxation</p>	<p style="text-align: center;"><b>First Day of Winter</b></p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Chair Yoga</p> <p>10:00am Holiday Show</p> <p>10:30am Refreshment Break</p> <p>11:00am Biography Hour</p> <p>1:30pm Math Games</p> <p>2:00pm <b>Visit from Paws to Share</b></p> <p>3:00pm Name That Tune</p> <p>4:00pm Interesting Facts</p> <p>6:00pm BINGO</p> <p>8:00pm Last Man Standing</p> 	<p style="text-align: right;">22</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Morning Stretch</p> <p>10:00am News Break</p> <p>10:30am Refreshment Break</p> <p>11:00am Famous People</p> <p>1:30pm Arm Chair Travels</p> <p>2:00pm Residents' Choice</p> <p>3:00pm Afternoon Stretch</p> <p>4:00pm BINGO</p> <p>6:00pm Christmas Movie Night</p> <p>8:00pm Relaxation</p>
<p style="text-align: right;">23</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Stretch</p> <p>10:00am Good News / Proverbs</p> <p>10:30am Refreshment Break</p> <p>11:00am Uplifting Sing Along</p> <p>1:30pm Game Day</p> <p>2:30pm <b>Night B4 Christmas Social</b></p> <p>3:30pm Creative Candy Cane</p> <p>4:00pm Word Games</p> <p>6:00pm BINGO</p> <p>7:00pm Did You Know???</p>	<p style="text-align: right;">24</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Morning Workout</p> <p>10:00am Famous Birthdays</p> <p>10:30am <b>Catholic Services</b></p> <p>11:00am Balloon Battle</p> <p>1:30pm Who Sang It?</p> <p>2:30pm Egg Nog Social</p> <p>3:00pm Word Games: Letter I</p> <p>4:00pm Christmas Fun Facts</p> <p>6:00pm Creative Writing</p> <p>8:00pm Holiday Baking Challenge</p> 	<p style="text-align: center;"><b>Christmas</b></p> <p style="text-align: right;">25</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Chair Dancing</p> <p>10:00am Christmas Trivia</p> <p>10:30am Refreshment Break</p> <p>11:00am Bean Bag Toss</p> <p>1:30pm Christmas Carols</p> <p>2:30pm Cocoa and a Movie</p> <p>3:00pm Mid Day Stretch</p> <p>4:00pm Christmas Story w/ Tori</p> <p>6:00pm BINGO</p> <p>8:00pm NCIS</p> <p style="text-align: right;">Ch 8</p> 	<p style="text-align: right;">26</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Stretch</p> <p>10:00am Who, What, When?</p> <p>10:30am Refreshment Break</p> <p>11:00am Trivia</p> <p>1:30pm Memories in the Making</p> <p>2:00pm Crafting Hour</p> <p>3:00pm Sing Along</p> <p>4:00pm Jeopardy</p> <p>6:00pm Poetry in Motion</p> <p>7:00pm Residents' Choice</p>	<p style="text-align: right;">27</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Chair Dancing</p> <p>10:00am Faces and Places</p> <p>10:30am Refreshment Break</p> <p>11:00am States, States, States</p> <p>1:30pm Name Ten</p> <p>2:00pm <b>Res. Outing - Scenic Drive</b></p> <p>3:00pm Balloon Toss</p> <p>4:00pm Around the World</p> <p>6:00pm Docu: Nelson Rockefeller</p> <p>7:00pm Let's Talk About It</p>	<p style="text-align: right;">28</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Gentle Stretch</p> <p>10:00am Residents' Choice</p> <p>10:30am Refreshment Break</p> <p>11:00am <b>Chair Yoga</b></p> <p>1:30pm Spelling Bee</p> <p>2:00pm <b>Visit from Paws to Share</b></p> <p>3:00pm Name That Tune</p> <p>4:00pm Interesting Facts</p> <p>6:00pm BINGO</p> <p>8:00pm Last Man Standing</p> 	<p style="text-align: right;">29</p> <p>9:00am Daily Chronicle/Today in History</p> <p>9:30am Morning Stretch</p> <p>10:00am News Break</p> <p>10:30am Refreshment Break</p> <p>11:00am Famous People</p> <p>1:30pm Arm Chair Travels</p> <p>2:00pm Residents' Choice</p> <p>3:00pm Afternoon Stretch</p> <p>4:00pm BINGO</p> <p>6:00pm Christmas Movie Night</p> <p>8:00pm Relaxation</p>