

STELLAR CARE - Activities Calendar

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY B-DAY TO YOU! Katsu A. 10/1 Joe E. 10/1 Thomas R. 10/6 Darleen A. 10/7 Joan L. 10/17 Candice P. 10/19 Mary W. 10/20 Marie S. 10/21 Catherine C. 10/24 Pauline D. 10/30 Phyllis R. 10/30 	9:00am Daily Chronicle 9:30am Morning Workout 10:00am Famous B-Days/ It Happened 10:30am Refreshment Break 11:00am Balloon Toss 1:30pm Word of the Day 2:00pm Music w/ Laura 3:00pm Fill in the Blank 4:00pm Walk Down Memory Lane 6:00pm Creative Writing 8:00pm Dancing with the Stars	9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Today In History 10:30am Refreshment Break 11:00am Music w/ Joseph 1:30pm Garden Club 2:00pm Synonym Quiz 2:30pm Refreshment Break 4:00pm Jeopardy 6:00pm BINGO 8:00pm Dancing with the Stars 	9:00am Daily Chronicle 9:30am Morning Workout 10:00am Famous Birthdays 10:30am Refreshment Break 11:00am You Be the Judge 1:30pm Memories in the Making 2:00pm Happy Hour 3:00pm Word Jumble 4:00pm Discussion Hr: Positive Thkg 6:00pm Poetry in Motion 7:00pm Residents Choice	9:00am What's New in the News 9:30am Morning Workout 10:00am It Happened Today 10:30am Refreshment Break 11:45am Res. Outing - Lunch 1:30pm Men's Group/ Balloon Toss 2:00pm Craft Time 3:00pm Who Said It? 4:00pm Wacky Word Games 6:00pm Documentary: Niagara 7:00pm Let's Talk About It 	9:00am What's Happening 9:30am Morning Workout 10:00am Famous Birthdays 10:30am Refreshment Break 11:00am Name That Tune 1:30pm Residents' Choice 2:00pm Visit from Paws to Share 3:00pm Where in Globe? 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing	9:00am Morning Welcome 9:30am Morning Stretch 10:00am News Break 10:30am Refreshment Break 11:00am Who, What, When? 1:30pm Fun w/ Technology 2:00pm Clairemont Church 3:00pm BINGO 4:00pm Music Hour 6:00pm Popcorn and a Movie 8:00pm Relaxation
9:00am Daily Chronicle 9:30am Dance in Your seat 10:00am Good News / Proverbs 10:30am Refreshment Break 11:00am Uplifting Sing Along 1:30pm Game Time 2:30pm Frappe Social 3:30pm Puzzle Time 4:00pm Alphabet Game: Professions 6:00pm BINGO 7:00pm Country Music Appreciation	Columbus Day 9:00am Daily Chronicle 9:30am Morning Workout 10:00am Famous B-Days/ It Happened 10:30am Catholic Services 11:00am Columbus Day Fun Facts 1:30pm Word of the Day 2:30pm Res. Birthday Party 3:30pm Words Ending in Ship 4:00pm Walk Down Memory Lane 6:00pm Creative Writing 8:00pm Dancing with the Stars 	9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Today In History 10:30am Refreshment Break 11:00am Toss and Talk 1:00pm Music Therapy 2:00pm Spelling Bee 2:30pm Refreshment Break 4:00pm Jeopardy 6:00pm BINGO 8:00pm Dancing with the Stars	9:00am Daily Chronicle 9:30am Morning Workout 10:00am Famous Birthdays 10:30am Refreshment Break 1:15pm Non-Denom Services 1:30pm Memories in the Making 2:00pm Happy Hour 3:00pm Word Jumble 4:00pm Discussion Hr: Customer Svcs 6:00pm Poetry in Motion 7:00pm Residents Choice 	9:00am What's New in the News 9:30am Morning Workout 10:00am It Happened Today 10:30am Refreshment Break 11:00am Res. Out - City Farm Nursery 1:30pm Women's Group/ Balloon Toss 2:00pm Math Games 3:00pm Who Sang It? 4:00pm Word Games: States 6:00pm Docu: Hometown GW 7:00pm Let's Talk About It	9:00am What's Happening 9:30am Morning Workout 10:00am Famous Birthdays 10:30am Refreshment Break 11:00am Chair Yoga 1:30pm Residents' Choice 2:00pm Visit from Paws to Share 3:00pm Where in Globe? 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing 	9:00am Morning Welcome 9:30am Morning Stretch 10:00am News Break 10:30am Refreshment Break 11:00am Who, What, When? 1:30pm Fun w/ Technology 2:30pm Refreshment Break 3:00pm 4:00pm Music Hour 6:00pm Popcorn and a Movie 8:00pm Relaxation
9:00am Daily Chronicle 9:30am Dance in Your seat 10:00am Good News / Proverbs 10:30am Refreshment Break 11:00am Uplifting Sing Along 1:30pm Game Time 2:30pm Pumpkin Lovers Social 3:00pm Puzzle Time 4:00pm Alphabet Game: Things You Wear 6:00pm BINGO 7:00pm Country Music Appreciation 	9:00am Daily Chronicle 9:30am Morning Workout 10:00am Famous B-Days/ It Happened 10:30am Refreshment Break 11:00am Balloon Toss 1:30pm Word of the Day 2:00pm Music w/ Laura 3:00pm Anagram Quiz 4:00pm Walk Down Memory Lane 6:00pm Creative Writing 8:00pm Dancing with the Stars	9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Today In History 10:30am Refreshment Break 11:00am Toss and Talk 1:30pm Garden Club 2:00pm Anagram Quiz 2:30pm Refreshment Break 4:00pm Jeopardy 6:00pm BINGO 8:00pm Dancing with the Stars 	9:00am Daily Chronicle 9:30am Morning Workout 10:00am Famous Birthdays 10:30am Refreshment Break 11:00am You Be the Judge 1:30pm Memories in the Making 2:00pm Happy Hour 3:00pm Word Jumble 4:00pm Discussion Hour: Books 6:00pm Poetry in Motion 7:00pm Residents Choice	9:00am What's New in the News 9:30am Morning Workout 10:00am It Happened Today 10:30am Refreshment Break 11:00am Res. Council Meeting 1:30pm Men's Group/ Balloon Toss 2:00pm Res. Outing - Ice cream 3:00pm Who Wrote it? 4:00pm Halloween Word Games 6:00pm Docu: Emperors on Ice 7:00pm Let's Talk About It 	9:00am What's Happening 9:30am Morning Workout 10:00am Famous Birthdays 10:30am Refreshment Break 11:00am Name That Tune 1:30pm Residents' Choice 2:00pm Visit from Paws to Share 3:00pm Where in Globe? 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing	9:00am Morning Welcome 9:30am Morning Stretch 10:00am News Break 10:30am Refreshment Break 11:00am Do Dream Drummers 1:30pm Fun w/ Technology 2:30pm Refreshment Break 3:00pm BINGO 4:00pm Music Hour 6:00pm Popcorn and a Movie 8:00pm Relaxation
9:00am Daily Chronicle 9:30am Dance in Your seat 10:00am Good News / Proverbs 10:30am Refreshment Break 11:00am Uplifting Sing Along 1:30pm Game Time 2:30pm Sweetest Day Social 3:00pm Puzzle Time 4:00pm Alphabet Game: Things You Eat 6:00pm BINGO 7:00pm Country Music Appreciation	9:00am Daily Chronicle 9:30am Morning Workout 10:00am Famous B-Days/ It Happened 10:30am Catholic Services 11:00am Balloon Toss 1:30pm Word of the Day 2:30pm Refreshment Break 3:00pm Find the Missing Letter 4:00pm Walk Down Memory Lane 6:00pm Creative Writing 8:00pm Dancing with the Stars 	9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Today In History 10:30am Refreshment Break 11:00am Toss and Talk 1:00pm Music Therapy 2:00pm Vocabulary Quiz 2:30pm Refreshment Break 4:00pm Jeopardy 6:00pm BINGO 8:00pm Dancing with the Stars	9:00am Daily Chronicle 9:30am Morning Workout 10:00am Visit w/ USS Makin Island 10:30am Refreshment Break 11:00am You Be the Judge 1:30pm Memories in the Making 2:00pm Happy Hour 3:00pm Word Jumble 4:00pm Discussion Hour: Halloween 6:00pm Poetry in Motion 7:00pm Residents Choice 	9:00am What's New in the News 9:30am Morning Workout 10:00am It Happened Today 10:30am Refreshment Break 11:00am Res. Out - Seaport Village 1:30pm Women's Group/ Balloon Toss 2:30pm Tea Time 3:00pm Who Said it? 4:00pm Wacky Word Games 6:00pm Docu: History of Halloween 7:00pm Let's Talk About It	9:00am What's Happening 9:30am Morning Workout 10:00am Famous Birthdays 10:30am Refreshment Break 11:00am Chair Yoga 1:30pm Residents Choice 2:00pm Visit from Paws to Share 3:00pm Where in Globe? 4:00pm Interesting Facts 6:00pm BINGO 8:00pm Last Man Standing 	9:00am Morning Welcome 9:30am Morning Stretch 10:00am News Break 10:30am Refreshment Break 11:00am Who, What, When? 1:30pm Fun w/ Technology 2:30pm Refreshment Break 3:00pm Piano w/ Zina 4:00pm Music Hour 6:00pm Popcorn and a Movie 8:00pm Relaxation
9:00am Daily Chronicle 9:30am Dance in Your seat 10:00am Good News 10:30am Refreshment Break 11:00am Uplifting Sing Along 1:30pm Game Time 2:30pm Pizza Social 3:00pm Puzzle Time 4:00pm Alphabet Game: Animals 6:00pm BINGO 7:00pm Country Music Appreciation 	9:00am Daily Chronicle 9:30am Morning Workout 10:00am Famous B-Days/ It Happened 10:30am Refreshment Break 11:00am Balloon Toss 1:30pm Word of the Day 2:30pm Refreshment Break 3:00pm Fill in the Word 4:00pm Walk Down Memory Lane 6:00pm Creative Writing 8:00pm Dancing with the Stars	9:00am Daily Chronicle 9:30am Gentle Stretch 10:00am Today In History 10:30am Refreshment Break 11:00am Toss and Talk 1:30pm Garden Club 2:00pm Missing Words 2:30pm Refreshment Break 4:00pm Jeopardy 6:00pm BINGO 8:00pm Dancing with the Stars	Halloween 9:00am Daily Chronicle 9:30am Morning Workout 10:00am Famous Birthdays 10:30am Halloween Fun Facts 11:00am Halloween Word Gems 1:30pm Spooky Music 2:30pm Halloween Celebration 3:00pm Word Jumble 4:00pm Discussion Hour 6:00pm Poetry in Motion 7:00pm Residents Choice 	Alzheimer's SD Support Group Meets every 1st & 3rd Tuesday of the month @ 6:30	Our Beauty Salon is now open on Tuesday & Friday 	Locations for Activities DR Dining Room - 1st Floor 2D 2nd Floor Dining Room 3D 3rd Floor Dining Room 3L 3rd Floor Lounge 4L 4th Floor Living Room