

# STELLAR CARE

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San Diego, CA 92115  
License # 374603625

Postage  
Information

FEBRUARY 2018

# The Stellar Care Chronicle

Stellar Care \* 4518 54th Street \* San Diego, CA 92115 \* p 619-287-2920 \* f 619-286-8534\*



## RESIDENT RAVE

Darleen Andrews

“What a nice ‘MK’ pin you have, Darleen. Does it stand for Michael Kors?”  
“Michael Kors? No. Mary Kay, honey, it stands for Mary Kay! Why would you ever think that?”

You don’t ever question what “MK” means to Darleen Andrews. Vivacious and strong, she is everyone’s Mary Kay representative. With a contagious laugh and a gorgeous set of bright blue eyes, Darleen could sell you the clothes off your own back. That is one of the many reasons we absolutely love her.

Darleen was born on October 7, 1934 in Chicago, Illinois. She was raised alongside one sister by her parents, Vera and John. They grew up with a quiet, Catholic upbringing in a loving household. Their father often entertained them, playing the violin. Darleen went to a Catholic school and was always a timid student. She began to work early on, as the Great Depression’s effects were everywhere. This didn’t last long, however, as Darleen’s father noticed that many men were taking notice of his young daughter. As soon as he realized the amount of attention she was receiving, he pulled her straight back out of work and encouraged her to focus on school for the time being.

Eventually, however, Darleen’s chance at love came with a push from her sister. Darleen was notoriously shy, so one day, she and her sister went to roller skate. Her sister pulled her aside and told her that if a young man came and asked her to skate together, she must not cry and must not run away to hide in the bathroom. She just needed to keep her head down and skate. A nice man named John came by and Darleen did just as her sister said. As soon as she and John began skating, however, she became so nervous that she fell flat on the floor! Darleen was absolutely mortified, but the rest is history; John became her husband and the love of her life.

At the beginning of her marriage, Darleen’s friends gave her a few tips on how to be a married woman. One affirmation that her friends gave was this: once you get married, you have to drink coffee, simple as that. Darleen made herself cups of coffee, day after day for a couple of weeks until her husband, John, questioned why she was torturing herself, drinking something she had a distaste for, when she could be drinking her beverage of choice, Coca Cola. He told her that he appreciated her efforts to like a beverage that he enjoyed, but she absolutely did not need to drink coffee for him, nor would it make any difference in their marriage, so, that was the end of coffee for Darleen.

Darleen and John had a wonderful marriage with two amazing children. Together, they first lived in Iowa while the kids were in school, then moved to Ventura and finally settled in San Diego. He worked designing airplanes and Darleen spent some time as a stay at home mom, eventually working in sales. It was working in retail that she was introduced to Mary Kay. One day, Darleen was at work and a woman came in and asked her if she had ever thought about selling with Mary Kay. Darleen hadn’t heard of the company  
*Continued inside...*

## Celebrating February

**Bird-Feeding Month**

**Spunky Old Broads Month**  
**Groundhog Day**  
*February 2*

**XXIII Winter Olympics**  
*February 9–25*

**Valentine’s Day**  
*February 14*

**Linda Cho**

*Executive Director*

**Barbara Moore**

*Business Director*

**Annelie Damasco**

*Assisted Living Director*

**Susan O’Shaughnessy**

*Marketing Director*

**Rachel Robinson**

*Activities Director*

**Chris Cho**

*Building & Maintenance Director*

**Chris Moore**

*Culinary Services &  
Laundry Director*

## Miscellaneous Announcements

\* \* \* \* \*

\*\* Family Support Group meetings are held on the first and third Tuesday of every month. Families are invited to join us in the Library on the first floor.

## SAVE A TREE! GO GREEN!

Email [barbaram@stellarcaredsd.com](mailto:barbaram@stellarcaredsd.com) to have this newsletter and/or monthly invoice emailed to you.

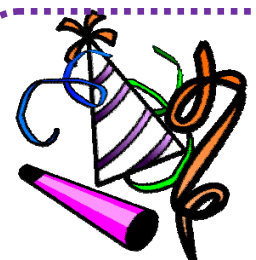
\*\* When dropping off new clothes for your loved one, please check for fit prior to Stellar Care labeling the new item. Items can be left at the front desk after ensuring proper fit. Please do not leave unlabeled clothes in rooms.

## February Birthdays

In astrology, those born between February 1–18 are Water Bearers of Aquarius. They are creative and intellectual philosophers at heart, getting to the root of problems and using their energy and passion for the benefit of others.

Those born between February 19–28 are born under Pisces. Friendly and selfless, they are always willing to help others with their hearts on their sleeves. Thanks to an intuitive understanding of life, Pisces make deep connections with other living beings.

Kathleen C. ....	Feb. 6 <sup>th</sup>
Rita M. ....	Feb. 7 <sup>th</sup>
Rose Z. ....	Feb. 12 <sup>th</sup>
Frances G. ....	Feb. 13 <sup>th</sup>
Judith M. ....	Feb. 16 <sup>th</sup>
Salvatore D. ....	Feb. 23 <sup>rd</sup>
Janet D. ....	Feb. 25 <sup>th</sup>
Amy Q. ....	Feb. 26 <sup>th</sup>
Lourdes S. ....	Feb. 29 <sup>th</sup>



**Happy 100<sup>th</sup>  
Birthday to  
Salvatore!**



## FEBRUARY 7, 1964

**Do you remember where you were at 1:30 p.m., Friday, February 7, 1964?** One of the most historical moments in pop culture was about to take place. Pan Am Flight 101 from London Heathrow was scheduled to land at New York JFK's Airport and with it four "fab" lads from Liverpool and the arrival of "Beatlemania." Paul McCartney, John Lennon, George Harrison and Ringo Starr, young men, all in their early twenties, would change rock and roll forever and influence not only a generation of Baby Boomers but our parents' and children's generations as well. Three thousand screaming fans greeted The Beatles as they stepped off the 707 onto American soil and into American hearts.

The U.S. was ready for this musical distraction. It had been less than three months before, that we witnessed the assassination of President Kennedy on national television. Grieving nation was about to smile again. Interestingly, "The CBS Morning News with Mike Wallace" had done a segment about the phenomenon of Beatlemania sweeping England on November 22, 1963. The piece was to be repeated by Walter Cronkite that evening. That never happened.

But now with their first #1 U.S. hit, "I Want to Hold Your Hand," just six days old, The Beatles were ushered into the Pan Am Waiting Room where they were greeted by over 200 news reporters. With the right mixture of ingredients such as wit, humor, enthusiasm and charm, the press were fed a delicious recipe of boy band and no one ever looked back. Two nights later, The Beatles performed on the Ed Sullivan Show, while fans screamed and cried and a record-setting 73 million viewers tuned in at home.

I lived just outside NYC, was twelve years old (almost thirteen), in the seventh grade and with transistor radio glued to my ear, I listened to every detail as DJ Murray the K and his Swingin' Soiree, described the scenes. I knew the Beatles were staying at the Plaza Hotel and that hundreds of girls were surrounding the block. My parents and sister joined me that Sunday night, as we gathered around the black and white console TV. I was riddled with excitement as the band began to sing, but the very first moment I saw Paul McCartney I was breathless and started to cry. My parents laughed, my sister was in awe. The generation gap began that night, but so did my life-long love affair with Paul.

And each of you has a Beatles story! You have a favorite song or album. You have a sibling or friend who was fortunate to go to a Beatles concert in the 1960's. You know someone who is an "expert" on all things Beatles. You've pulled out your lighter (and later in life, the cell phone) for "Hey Jude."

And because of this amazing fascination with the Beatles, 54 years after their first visit to America, Rachel Robinson is holding an event for everyone to attend. Please join us on Wednesday, February 7th, at 2:30 p.m., for our first "FAB FOUR SOCIAL." We'll "come together" to listen to their music, reminisce, play trivia, dance and celebrate with others "across the universe." There will even be an opportunity to have your picture taken with the boys. "We're gonna have a good time."

**"I love you, yeah, yeah, yeah,"**

# THE BEATLES

Susan O'Shaughnessy

## U.S.S. Makin Island Volunteers Visit Our Community



...Andrews continued

but went home after work to consider the opportunity. Her husband encouraged her to venture out and try this new experience, so Darleen joined the Mary Kay team. She thanks that very company for transforming her from a shy young woman into an open, outgoing person.

Throughout 35 years with the company, Darleen rose up the ranks, becoming a Future Executive Senior Sales Director at Mary Kay. She travelled the world, met Mary Kay herself, earned luxurious prizes, and was able to drive a beautiful car for free for many years. Darleen made sure to always be prepared for a sale. She would use the skin products and wear the makeup so that anybody who stopped to ask her how her skin was so flawless could be introduced to Mary Kay. Even now, many of her friends and peers stop her in the hallways to compliment her sense of style or beautifully made up face. Darleen simply beams with her bright smile, shrugs, and says, "Mary Kay, honey."

When not busy making a sale, Darleen loved traveling. Darleen recalled a night out with her husband, when they were attending a function. They were sitting in the back, because John was very quiet and timid. The master of ceremonies asked everyone to check under their seats because somebody won a trip for two to visit Paris. Sure enough, Darleen and John checked under their seats and won the trip. They spent time just blocks away from the Eiffel Tower and fell in love with Paris. They also saw Italy, Austria and many other beautiful countries together.

Some of Darleen's hobbies over the years have included playing tennis, watching baseball and crocheting. She thoroughly enjoyed caring for pets, especially an Irish Setter named Kelly. Darleen also played the piano for many years, but in secret. She said that she would play it only when nobody was around. After some time hiding her talent, she came into the house one day and noticed that the piano was gone because her family thought that nobody was using it! That is just one of many of Darleen's funny stories.

Darleen has had such a rich, eventful life. To this day, she is always out and about, going on outings, playing a game of blackjack and making everybody around her laugh. She is a treasure to us and we look forward to more memories with such a fun, lively person.



## EMPLOYEE SPOTLIGHT

Jino Paraypayan

One familiar, smiling face you will almost certainly encounter while walking through the building is Jino, our housekeeping supervisor. As you undoubtedly know, our community is very busy. On a typical day, we have four activity floors functioning at the same time, well over a hundred resident rooms aside from common areas to attend to, and a constant flow of visitors and residents. Being the housekeeping supervisor is a grand responsibility, and one that Jino attends to wonderfully.

Jino was born in the Philippines and was raised there, mostly by his older brother, until the age of sixteen, when he joined his parents in San Diego. He and his brother are very close and rarely had spats growing up. Jino had several years of housekeeping experience before becoming a supervisor. He has overseen the department in our building for about a year and a half through a contracted company, but recently became an official part of the Stellar Care family, along with the rest of our housekeeping and laundry department. To us, they have always been a part of the family, but we are thrilled to officially welcome them to the team. He said that he enjoys working as a supervisor because it gives him the opportunity to help his peers to do better each and every day and allows him to be a source of encouragement.

When not working here at Stellar Care or at his second job, working a night shift at Sephora, Jino enjoys going to the gym, hanging out with friends, and above all else, playing basketball. Jino played basketball through high school and college and continues to play in a league as a shooting guard and forward. Future plans for him include finishing his college degree in information technology and working in an IT department. We love having Jino as part of the team and look forward to seeing what the future brings for him!

