

STELLAR CARE - Activities Calendar

JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday to YOU!</p> <p>Mieko L. 1/1 Marge K. 1/7 Evelyn T. 1/16 Don E. 1/16 Amina L. 1/29 Connie K. 1/30 Barbara M. 1/31</p> 	<p>New Years Day 1</p> <p>9:00am Morning Stretch 9:30am Daily Chronicle 10:30am New Years Word Fun 11:00am Pool Noodle Fun 1:30pm Arts and Crafts 2:00pm US Landmarks 3:00pm Hydration Break /Stretch It Out 4:00pm Putting the Past in Order 6:00pm Best of Big Band 7:00pm Wheel of Fortune 7:30pm Jeopardy</p>	<p>2</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:30am Wacky Word Games 11:00am Balloon Volley 1:30pm Zen Doodles / Music 2:30pm Hydration Break 3:00pm What in the World 4:00pm Jeopardy - Trivia 5:00pm Celtic Thunder 6:00pm BINGO 7:00pm Wheel of Fortune</p> 	<p>3</p> <p>9:00am Gentle Stretch 9:30am Daily Chronicle 10:30am You Be the Judge 11:00am Bean Bag Toss 1:30pm Memories in the Making 2:00pm Family Feud 3:00pm Small Res.Outing - Coffee 4:00pm Unscrambles 6:00pm Trivia Galore 7:00pm Wheel of Fortune 7:30pm Jeopardy</p>	<p>4</p> <p>9:00am Dance in Your Seat 9:30am Daily Chronicle 10:30am Who, What , When? 11:00am Pool Noodle Battle 1:30pm Guess the Song 2:30pm Riddle Me This 3:00pm Shake it Up 4:00pm Brain Games 5:00pm Music, Music, Music 6:00pm California 7:00pm Let's Talk</p> 	<p>5</p> <p>9:00am Feel Good Fitness 9:30am Daily Chronicle 10:30am Coffee Social 11:00am Pool Noodle Battle 1:30pm Alphabet Game 2:30pm Opposites Attract 3:00pm Resident's Choice 4:00pm Discussion Hour 6:00pm BINGO 7:00pm Wheel of Fortune 7:30pm Jeopardy</p>	<p>6</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am I Spy 11:00am Toss and Talk 1:30pm Sing Along 2:00pm Fact or Fiction 2:30pm Clairemont Church 3:00pm Math Games 4:00pm Word Games 6:00pm Movie: Breakfast at Tiffany's 8:00pm Relaxation</p>
<p>7</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:30am Heart Warming Stories 11:00am Sing Along 1:30pm Brain Teasers 2:30pm Ice Cream Social 3:00pm BINGO 4:00pm Word Games 5:00pm Music Hour 6:00pm Make Em' Laugh 7:00pm Relaxation</p>	<p>8</p> <p>9:00am Morning Stretch 9:30am Daily Chronicle 10:30am Catholic Services 11:00am Pool Noodle Fun 1:30pm Arts and Crafts 2:00pm Music w/ Laura 3:00pm Hydration Break /Stretch It Out 4:00pm Walk Down Memory Lane 6:00pm Elvis 7:00pm Wheel of Fortune 7:30pm Jeopardy</p>	<p>9</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:30am Wacky Word Games 11:00am Balloon Volley 1:00pm Music Therapy 1:30pm Zen Doodles / Music 2:00pm Res. Outing Ice Cream 3:00pm What in the World 4:00pm Jeopardy - Trivia 6:00pm BINGO 7:00pm Wheel of Fortune</p>	<p>10</p> <p>9:00am Gentle Stretch 9:30am Daily Chronicle 10:30am You Be the Judge 11:00am Bean Bag Toss 1:30pm Memories in the Making 2:00pm Wheel of Fortune-Word Game 3:00pm Sing, Sing, Sing 4:00pm Unscrambles 6:00pm Trivia Galore 7:00pm Wheel of Fortune 7:30pm Jeopardy</p>	<p>11</p> <p>9:00am Dance in Your Seat 9:30am Daily Chronicle 10:00am Who, What , When? 10:30am Res. Outing Balboa Park 11:00am Pool Noodle Battle 1:30pm Guess the Movie 2:30pm Riddle Me This 3:00pm Shake it Up 4:00pm Brain Games 6:00pm Grand Canyon 7:00pm Let's Talk</p>	<p>12</p> <p>9:00am Feel Good Fitness 9:30am Daily Chronicle 10:30am Coffee Social 11:00am Pool Noodle Battle 1:30pm Alphabet Game 2:30pm Opposites Attract 3:00pm Resident's Choice 4:00pm Discussion Hour 6:00pm BINGO 7:00pm Wheel of Fortune 7:30pm Jeopardy</p>	<p>13</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am I Spy 11:00am Toss and Talk 1:30pm Sing Along 2:30pm Bible Study 2:00pm Fact or Fiction 3:00pm Math Games 4:00pm Word Games 6:00pm Movie: Casablanca 8:00pm Relaxation</p> 
<p>14</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:30am Heart Warming Stories 11:00am Sing Along 1:30pm Brain Teasers 2:30pm Hot Tea Social 3:00pm BINGO 4:00pm Word Games 5:00pm Music Hour 6:00pm Make Em' Laugh 7:00pm Relaxation</p> 	<p>15</p> <p>MLK, Jr. Day 9:00am Morning Stretch 9:30am Daily Chronicle 10:30am MLK Fun Facts 11:00am Pool Noodle Fun 1:30pm Arts and Crafts 2:00pm World Landmarks 3:00pm Hydration Break /Stretch It Out 4:00pm Walk Down Memory Lane 6:00pm I Have a Dream 7:00pm Wheel of Fortune 7:30pm Jeopardy</p>	<p>16</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am Wacky Word Games 11:00am Balloon Volley 1:30pm Zen Doodles / Music 2:00pm Res. Outing Ice Cream 3:00pm What in the World 4:00pm Jeopardy - Trivia 5:00pm Celtic Thunder 6:00pm BINGO 7:00pm Wheel of Fortune</p>	<p>17</p> <p>9:00am Gentle Stretch 9:30am Daily Chronicle 10:30am You Be the Judge 11:00am Bean Bag Toss 1:30pm Non-Denominational Services 2:00pm Res. Birthday Party 3:00pm Sing, Sing, Sing 4:00pm Unscrambles 6:00pm Trivia Galore 7:00pm Wheel of Fortune 7:30pm Jeopardy</p> 	<p>18</p> <p>9:00am Dance in Your Seat 9:30am Daily Chronicle 10:00am Who, What , When? 11:00am Res. Council Meeting 11:30am Res. Outing-Lunch Filipii's 1:30pm Guess the Song 2:30pm Riddle Me This 3:00pm Shake it Up 4:00pm Brain Games 6:00pm Cruise Around The World 7:00pm Let's Talk</p>	<p>19</p> <p>9:00am Feel Good Fitness 9:30am Daily Chronicle 10:30am Coffee Social 11:00am Pool Noodle Battle 1:30pm Alphabet Game 2:30pm National Hat Day Social 3:00pm Resident's Choice 4:00pm Discussion Hour 6:00pm BINGO 7:00pm Wheel of Fortune 7:30pm Jeopardy</p> 	<p>20</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am I Spy 11:00am Do. Dream Drummers 1:30pm Sing Along 2:00pm Bible Study 2:00pm Fact or Fiction 3:00pm Math Games 4:00pm Word Games 6:00pm Movie: Kiss Me Kate 8:00pm Relaxation</p>
<p>21</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:30am Heart Warming Stories 11:00am Sing Along 1:30pm Brain Teasers 2:30pm Brownie Social 3:00pm BINGO 4:00pm Word Games 5:00pm Music Hour 6:00pm Make Em' Laugh 7:00pm Relaxation</p>	<p>22</p> <p>9:00am Morning Stretch 9:30am Daily Chronicle 10:30am Catholic Services 11:00am Pool Noodle Fun 1:30pm Arts and Crafts 2:00pm Music w/ Laura 3:00pm Hydration Break /Stretch It Out 4:00pm Walk Down Memory Lane 6:00pm Doris Day 7:00pm Wheel of Fortune 7:30pm Jeopardy</p>	<p>23</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:30am Wacky Word Games 11:00am Balloon Volley 1:00pm Music Therapy 1:30pm Zen Doodles / Music 2:00pm Res. Outing Ice Cream 4:00pm Jeopardy - Trivia 5:00pm Celtic Thunder 6:00pm BINGO 7:00pm Wheel of Fortune</p> 	<p>24</p> <p>9:00am Gentle Stretch 9:30am Daily Chronicle 10:30am You Be the Judge 11:00am Bean Bag Toss 1:30pm Memories in the Making 2:00pm Family Feud 3:00pm Sing, Sing, Sing 4:00pm Unscrambles 6:00pm Trivia Galore 7:00pm Wheel of Fortune 7:30pm Jeopardy</p>	<p>25</p> <p>9:00am Dance in Your Seat 9:30am Daily Chronicle 10:00am Who, What , When? 10:30am Res. Outing Ceramic Café 11:00am Pool Noodle Battle 1:30pm Guess the Person 2:30pm Irish Coffee Social 3:00pm Shake it Up 4:00pm Brain Games 6:00pm Sacagawea 7:00pm Let's Talk</p>	<p>26</p> <p>9:00am Feel Good Fitness 9:30am Daily Chronicle 10:30am Coffee Social 11:00am Pool Noodle Battle 1:30pm Alphabet Game 2:30pm Opposites Attract 3:00pm Resident's Choice 4:00pm Discussion Hour 6:00pm BINGO 7:00pm Wheel of Fortune 7:30pm Jeopardy</p>	<p>27</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am I Spy 11:00am Toss and Talk 1:30pm Sing Along 2:00pm Bible Study 2:00pm Fact or Fiction 3:00pm Piano w/ Zina 4:00pm Word Games 6:00pm Movie: Open Range 8:00pm Relaxation</p> 
<p>28</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:30am Heart Warming Stories 11:00am SD Humane Society 1:30pm Brain Teasers 2:30pm Coffee Social 3:00pm BINGO 4:00pm Word Games 5:00pm Music Hour 6:00pm Make Em' Laugh 7:00pm Relaxation</p>	<p>29</p> <p>9:00am Morning Stretch 9:30am Daily Chronicle 10:30am Interesting Facts 11:00am Pool Noodle Fun 1:30pm Arts and Crafts 2:00pm Jigsaw Puzzle Time 3:00pm Hydration Break /Stretch It Out 4:00pm Walk Down Memory Lane 6:00pm Andrew Sisters 7:00pm Wheel of Fortune 7:30pm Jeopardy</p> 	<p>30</p> <p>9:00am Welcome and Workout 9:30am Daily Chronicle 10:00am Wacky Word Games 11:00am Balloon Volley 1:30pm Zen Doodles / Music 2:00pm Res. Outing Ice Cream 3:00pm What in the World 4:00pm Jeopardy - Trivia 5:00pm Celtic Thunder 6:00pm BINGO 7:00pm Wheel of Fortune</p>	<p>31</p> <p>9:00am Gentle Stretch 9:30am Daily Chronicle 10:30am You Be the Judge 11:00am Bean Bag Toss 1:30pm Memories in the Making 2:00pm Wheel of Fortune-Word Game 3:00pm Sing, Sing, Sing 4:00pm Unscrambles 6:00pm Trivia Galore 7:00pm Wheel of Fortune 7:30pm Jeopardy</p>	<p>Alzheimer's SD Support Group</p>  <p>Meets every 1st & 3rd Tuesday of the month @ 6:30</p>	<p>Our Beauty Salon is now open on Tuesday & Friday</p> 	<p><u>Locations for Activities</u></p> <p>DR Dining Room - 1st Floor 2D 2nd Floor Dining Room 3D 3rd Floor Dining Room 3L 3rd Floor Lounge 4L 4th Floor Living Room</p>