

### Miscellaneous Announcements

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\*\* Mark your calendar and make your reservation --- it's time for our 2<sup>nd</sup> annual Padre game. Join us on Sunday, June 13<sup>th</sup> at 1pm as our San Diego Padres take on the Seattle Mariners.

\*\* Please note that Family Support Group meetings will be held on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of every month. The meetings will be held in the Library on the first floor.

\*\* We are always in need of belts for our community. If you have any belts or suspenders that are not being used, we would appreciate the donation

\*\* To ensure the safety of all residents, **DO NOT** leave the following in resident rooms: sharp objects such as scissors, needles and tools; tools are dangerous items that should never be left in rooms. Any kind of chemicals such as cleaning supplies; and medications (should be in med dept).

\*\* Do you have a family member, friend, or neighbor who would like to receive this newsletter? Please leave a note or email Barbara with their name and address.

### May Birthdays

If you were born from April 20-May 20, you are a Taurus, the bull. If you were born from May 21-June 21, you are a Gemini, the twins. A Taurus is patient, reliable, industrious, and persistent. They respect property, avoid falling into debt, and enjoy art. Geminis are complex and dual-natured. Like children, they are lively, happy, and love to explore new things.

Amanda B. ....	May 9 <sup>th</sup>
Jennie M. ....	May 10 <sup>th</sup>
Viola W. ....	May 11 <sup>th</sup>
Margaret R. ....	May 14 <sup>th</sup>
Rod B. ....	May 16 <sup>th</sup>
Mary S. ....	May 18 <sup>th</sup>
Margarita G. ....	May 23 <sup>rd</sup>

**HAPPY MAY BIRTHDAY!**



If you would like your monthly invoices or this newsletter sent to you through email, please email Barbara at [barbaram@collwoodterrace.com](mailto:barbaram@collwoodterrace.com)



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Information

# The CT Stellar Care Chronicle



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### Celebrating May

#### Be Kind to Animals Week

May 2-8

#### Cinco de Mayo

May 5

#### Mother's Day

May 9

#### Visit Your Relatives Day

May 18

#### Memorial Day

May 31

### Administration

**Linda Cho**  
Director of Operations

**Barbara Moore**  
Director of Business and Finance

**Annelie Damasco**  
Director of Assisted Living

**Susan O'Shaughnessy**  
Director of Marketing

**Roxanne Miller**  
Director of Activities

**Chris Cho**  
Director of Plant Services and Housekeeping

**Chris Moore**  
Director of Food Services

April was a beautiful month, and we enjoyed both the rain and the sunshine. It was a perfect time to visit the zoo again, and our residents had a great day. Other residents enjoyed a rainy day, snug and warm at the movies, and still more enjoyed a scenic ride to the Sunset Cliffs area.

In the coming month, in celebration of Mother's Day, we're having a Mother's Day Tea on Saturday, May 8 at 2:00 P.M. Come join your mom for tea and delicious pastries. Please let the front desk know if you plan to attend.

When asking for a lot of help and a good deal of nagging is involved, I've found that using different approaches can be useful. So here it goes, my monthly housekeeping notes for families...in the form of bad poetry:

Requests, with love,

From the Culinary Department:

*Dear families, you're welcome to come  
And to share in the meal and some bread  
With your loved one, but please remember  
To give us a heads up, and call ahead*

From the Building & Maintenance Department:

*Stop, don't press that button  
To call the elevator down  
Use the stairs  
To get around*

*Best for our residents  
Best for you  
With them stairs y'all get  
Great exercise too!*

Finally, from our Assisted Living Department:

*Chocolates and brownies are wonderful  
For our taste buds and our tummies  
But doctors will wag their fingers when, loved ones  
Aren't eating their regular yummys*

*For meals are prepared so carefully, in  
The kitchen three times a day  
So please leave extra goodies with Annelie  
And sugar levels won't stray (except maybe Annelie's) ©*

Have a Magical May!

**Linda Cho**  
Director of Operations

## CT Stellar Care's Employee of the Month

**Dominic LaRouche**

Culinary Department

Congratulations, Dominic, for a job well done!

### Outings this month ...



### Family Visits



### 50th Anniversary Celebration



### Activities



### Rough housing? Not allowed...



## Resident Rave:

Barbara Wooley

Barbara was born and raised in San Diego. She met her husband Lee when she was in sixth grade. Although he attended a different elementary school, Lee had come over to ask her out and was promptly "chased off the property" by her dad. It all worked out though, because Barbara and Lee both attended Wilson Middle School, then Hoover High School together.

After high school, Barbara went off to Mills College in the Bay area, but after a year of separation, with Lee making long drives back and forth in his "car that wasn't in the best of condition", the sweethearts decided they needed to be together. Barbara moved back down to San Diego, married, and had a son and a daughter.

An avid reader with a deep love of learning, Barbara went back to school later in life, and completed her degree in English and music. She lived in the Kensington area, and was driving back and forth to SDSU, so this area is *very* familiar territory to her.

After completing her credentials, Barbara began teaching English to juniors and seniors at Monte Vista High School. She taught for seventeen years before retiring.

The best part of retirement, the "unexpected, but best part" says Barbara, "is that I can pursue my interests, whatever they may be." On her desk, among many other books, is a book about Africa, because the previous book she read was set in Ethiopia and that sparked an interest in the continent. There is also *Moby Dick*, which Barbara is reading "for fun this time, not for class or for teaching, because it's different."

Barbara enjoys clipping news articles and stories and sharing them with people who would find it interesting. She also enjoys the letters and visits from her children, grandchildren (4), and great grandchildren (3).

We enjoy your bright smile and kind ways, Miss Barbara.

## Staff Spotlight:

Yessica Santana  
Caregiver

Yessica has been with CTSC for over two years. Prior to working with us, she worked as a caregiver for nine years. She was also the primary caregiver for her grandmother who was diagnosed with Alzheimer's, and cared for her at home. Caring for others is what life is all about, according to Yessica. When she is not at work, she enjoys being with her three young children.

When Yessica was 17 years old, she became a hero of her neighborhood. An elderly neighbor was found in her home unconscious, by another neighbor who called Yessica. Yessica, while on the phone with 911, was able to perform CPR and mouth to mouth resuscitation until the paramedics arrived. They told Yessica that if it hadn't been for her, her neighbor would not have made it. She feels this is what inspired her to become a caregiver. Yessica finds her work rewarding because she feels she is giving back to the world and to God.

Good job, Yessica, thank you for being an important member of our team!



Join Collwood Terrace Stellar Care as our **San Diego Padres** take on the **Seattle Mariners** on Sunday, June 13th at 1pm

\$24.00/ticket (\$34 value)

These are great tickets on the 1<sup>st</sup> base foul line, in the shade, near the restrooms and concession stands.

Get your tickets now before they sell out!