

Important Announcements

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** Please note that the Family Support Group meetings will be held on the 1st and 3rd Tuesday of every month. The meetings will be held in the 4th floor Lounge.

** Families, please remember to check for mail at the front desk.

** To ensure the safety of all residents, please **DO NOT** leave the following in resident rooms: sharp objects such as scissors, needles and tools; any kind of chemicals such as cleaning supplies and medications (should be in med dept)

** On your next visit, please take inventory of your loved ones' toiletries, personal items, and clothing. It may be time to replenish these supplies.

** Do you have a family member, friend, or neighbor who would like to receive this newsletter? Please leave a note or email Barbara with their name and address.

If you would like your monthly invoices or this newsletter sent to you through email, email Barbara at: barbaram@collwoodterrace.com

March Birthdays

If you were born in March, you are a lover of life! People enjoy being around you because you radiate cheerful vibes and have a happy-go-lucky attitude. You also have a great sense of humor and can laugh at life's adversities. You're soulful, respectful, and generous to those around you. Our Collwood Terrace birthdays:

- Bill S. March 2nd
- Leroy K. March 6th
- Dominick S. March 9th
- Marjorie S. March 25th
- Grace R March 30th
- Doris N. March 31^s

HAPPY MARCH BIRTHDAY!



Collwood Terrace
STELLAR CARE
4518 54th Street
San Diego, CA 92115
License # 374602700

Postage
Information

The CT Stellar Care Chronicle

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Celebrating March

Irish-American Heritage Month

Women's History Month

Daylight Savings Time Begins

March 14, 2 a.m.

St. Patrick's Day

March 17

Spring Begins

March 20

Administration

Linda Cho

Director of Operations

Barbara Moore

Director of Business and Finance

Emma Slabbert

Director of Community Relations

Annelie Damasco

Director of Assisted Living

Susan O'Shaughnessy

Director of Marketing

Melissa Chaty

Assistant Director of Marketing

Roxanne Miller

Director of Activities

Chris Cho

Director of Plant Services and Housekeeping

Chris Moore

Director of Food Services

I thought with the rainy weather and all, we'd have a quiet month of movies and hot chocolates for activities at CTSC. Someone forgot to tell the activities department.

From the Mardi Gras celebrations, to the Couples Valentine Evening, celebrations of Black History Month to cultural presentations for Japan and the Philippines, feeding the ducks at Chollas Lake to playing with the puppies from Sunshine Staffords, our residents kept a busy schedule all month. You can look at all the fun pictures online at collwoodterracestellarcare.shutterfly.com.

There was also a train trip to San Juan Capistrano this month, and the residents had a blast. Although the swallows of San Juan Capistrano could not be seen, the ride, the view, the lunch, I'm told, was all fabulous. During the outing, many people came up to our resident Chief William Gentry (dressed in his military uniform jacket with all of his medals) to shake his hand and to thank him sincerely for his service to this country. How neat is that! Everyone is busy planning the next train trip.

You will read about Chief William Gentry, featured in our Resident Rave in this newsletter. Each month, we have the privilege of learning about the wonderful life history of one of our residents at CTSC. These fascinating stories are done each month by Kit Mickelson, wife of our resident Colonial Mick Mickelson, and writer, extraordinaire.

We are blessed with families who are here right beside us, giving a hand, leading a song, writing a column. We have family members who are still visiting with us, long after their mom, dad, spouses, have passed on. They are not just family members, they are friends. You are all what makes CTSC a very special place.

Speaking of places, L.C., our four legged princess of CTSC has been seen sitting on the sofa, next to a resident (who shall not be named.....), as comfy as can be. L.C. knows that she is not allowed on the sofa, neither at home nor at "work". But when commanded to come down, she merely put her head on Doug's (whoops), a resident's lap. Could someone teach that dog her place in life? ... What? It's right beside us on the sofa? You're no help at all.

Have a maaaveulous March!

Linda Cho
Director of Operations

CT Stellar Care's Employee of the Month

Anita Solano

Receptionist

“Front Desk Head Problem Solver”

Congratulations, Anita, on a job well done!

Several nice days we enjoyed outside this month



Second generation births at Collwood



The eggs have hatched and outgrown their little nest in our courtyard. These are the two new baby hummingbirds of 2010. It's great to see that even the little birds find CTSC a safe, warm place to call home. ☺

A trip to San Juan Capistrano, in style...



Friends, family, and loved ones



Couples enjoyed a “sweet” February evening



RESIDENT RAVE: William Gentry

An Extraordinary Man in an Extraordinary Time...

When this handsome Black man first introduced himself to me, he said: “I come from a Black family and a White family. My White family, Miss Alma and Mr. Elbert Richardson and their son, Leroy lived right next door to us just outside of Dyer Tennessee. They included me in their family, called me “Son”, and I grew up learning that the color of our skin made no difference to how we cared for one another. Black, White, Yellow, Red – didn’t matter. What the person was on the inside is what mattered, and we were all proud of being good people!”

William milked the Richardson’s cow, loaded the milk into a wagon, drove it into the small town of Dyer and delivered it to the drug store. His father gave him a pony to ride to school, and said that if William needed something, he was to come to his father and he would get it for him. Simple as that! William chuckled then, and said, you know, we all got along, from Horace Wilson the banker right down to the people on the street. That was pretty unusual during a time when Blacks and Whites were not “supposed” to like each other.

When he finished school, William joined the Navy; he came to San Diego for Boot Camp and then went with the rest of the Black troops to Norfolk Virginia. From there he went to Hawaii and Pearl Harbor where he was assigned, as a Chef, to the Battleship, USS Tennessee, BB-43. He was standing at Battleship Row, talking with his commanding officer, when he first spotted the Japanese planes, and he said “look at those planes! Doesn’t look like your daughters are going to take flying lessons today!” And then the bombs began to drop.

William spent 20 years in the Navy, and when we were talking, he was wearing medals representing 1) the Asiatic Pacific Campaign, 2) WWII Medal, 3) Asia Occupation Service, 4) Korean Service, and 5) the United Nations Korean Service. He was also wearing his Survivor of Pearl Harbor Cap, of which he is very proud, particularly as he is one of the four Founding Fathers of the Pearl Harbor Survivor’s Association. (William promised that the next time we meet he will wear his uniform with all the stripes and all the medals he has earned!)

When William retired, he returned to San Diego and worked with the Sheriff’s Dept. for nine years. He and his wife, Helen, had two children, and a host of grandchildren. The oldest, Andre, works on an oil rig off the California coast; another grandson and his wife are Seabees – they have a 7 year old daughter whom William calls “my baby”. Another grandson and his wife both work for the VA.

William is a friend of, and greatly respects, Diane Feinstein whom he calls “A very fine woman”. They have a common interest in helping children and adolescents find their way in this very troubled world. He said “The world has changed, and we’ve got to do things for these young kids; they will follow in the footsteps of their parents, and as parents and grandparents we have to make sure that those footsteps take them in the right direction in life. He is indeed a patriot and a role model for us all and we are proud to have him as a resident at Collwood Terrace.

STAFF SPOTLIGHT:

Maria Stefanic

Her warm smile and soft voice instantly puts newcomers at ease. Maria is one of our activities staff members and part of the team that helps to make life at Collwood fun. Maria previously worked in activities as well as in marketing, and she enjoys the activities side of the business.

Maria was in the Navy and has traveled around the world during her service. Afterwards, she settled in the Mojave high desert to raise her daughter whom she home schooled until age 10. Now with her daughter grown, Maria has time to focus on her other interests which are arts & crafts, crocheting and writing. In particular, Maria enjoys writing poetry. In fact, she participates in open mike nights of poetry readings at local coffee houses.

Maria enjoys the daily challenges of her job where she says being flexible and creative in her approach is a must. Everyday is a new experience, and she loves the residents’ honesty. And Maria says, “If I can help make someone’s life a little happier, I love to do it.”

Thank you Maria, we’re all happy that you’re with us.

Hazel celebrates her 90th



COME JOIN THE FUN!!!

San Diego Chargers Band - March 9th



Irish Dancers - March 17th



Check out the activities calendar