

Miscellaneous Announcements

** Because we want to ensure the freshness of the food that our residents are consuming, please help us to monitor their food intake by not bringing food into their rooms. Abundance of candies and sweets discourages participating in regular dining. Thank you for your assistance and understanding.

** Family Support Group meeting will be held on the 1st and 3rd Tuesday of each month from 6:30pm- 8pm. The meeting will be held in the 4th floor lounge.

** Thank you to those who have made donations to the Alzheimer's Association on behalf of CTSC. Please join us for the Memory Walk on Saturday, October 24

To assist with shaving in the morning, it would be helpful to have **electric shavers/razors for our residents. Please consider purchasing one for your loved one.

**We still need more hangers for our resident's clothing. It is helpful to have the clothes on hangers rather than in drawers to reduce wrinkles and to keep clothes from being hidden in the back of the drawers.

If you would like your monthly invoice or this newsletter sent to you through email, send a request to barbaram@collwoodterrace.com

September Birthdays

If you were born from August 23-September 22, you are a Virgo, the Virgin. If you were born from September 23-October 22, you are a Libra, the Scales. Virgos are logical, conscientious, hard-workers who value stability and are always ready to offer a helping hand. Libras are elegant, kind, gentle, and, like the balancing scales that represent them, love harmony and balance.

Celebrating a September Birthday.....

Patt P.....	Sept. 2nd
Margaret C.....	Sept. 7th
Sam K.....	Sept. 12th
Naomi M.....	Sept. 15th
Jack M.....	Sept. 18th
Tina C.....	Sept. 18th
Agnes M.....	Sept. 21st

Happy Birthday!



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The CT Stellar Care Chronicle



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Celebrating September

Labor Day
September 7

Grandparents Day
September 13

National Respect Day
September 18

Love Note Day
September 25

Administration

Linda Cho
Director of Operations

Barbara Moore
Director of Business and Finance

Emma Slabbert
Director of Community Relations

Annelie Damasco
Director of Assisted Living

Susan O'Shaughnessy
Director of Marketing

Roxanne Miller
Director of Activities and Housekeeping

Chris Cho
Director of Plant Services

Chris Moore
Director of Food Services

Amelia Salvador
Director of Health Services

The heat is on! You'll see the walls of Collwood Terrace Stellar Care suddenly transformed into a field of forget-me-not flowers with each department competing for the most coverage. Please note that others have an entire department to help sell their flowers. My wall is little ol' Linda's Corner.

Rising to the occasion, it's what we were taught as children and what we try to pass on as parents to our own children. We see it everyday in our residents as they deal with challenges with humor and grace, and we see it in the families with their dedication and compassion.

At CTSC, we saw it today as we were told that one of our caregivers had just lost her father. She had talked about bringing him here from another country to be with her. Now she will never have that opportunity. We were also told by her coworkers that it was not financially feasible for her to go back to her family to attend the funeral. Within minutes, we had the staff of CTSC taking up a collection to fund the airfare, and fellow workers giving up their hours worked and vacation times to credit this caregiver to enable her to take the trip. These are the kind of people we have here to care for our residents. In this tough economy, with the struggles that we all face, they all pulled together to offer not only monetary assistance, but more than that, they've let this heartbroken coworker know that she is valued, cared for, and loved. I am blessed to work side by side with these lovely people.

I'm not bragging, but I've got the cutest nephews and nieces in the world. And when you combine that with the sweet nature that is so evident, well, what can I say.... Just a little example for proof: Nathan (just turned six), Chris & Barbara's pride & joy, has learned to make fruit smoothies by watching mommy and daddy. He took it upon himself to whip up a batch (under mommy's watchful eye), then share his delicious concoction with his neighbors by setting up a stand and collecting donations for our fundraiser. Yes, he had a smoothie & popcorn stand to raise money for the Alzheimer's' Association's Memory Walk. Too cute for words. Please see pictures on page two.

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Have a sensational September!

Linda Cho
Director of Operations

CT Stellar Care's Employee of the Month

Cathy Jones
Housekeeper

Thank you, Cathy, for making CTSC sparkle!

Heavy PETting Therapy



Roxanne doing her thing...
Happy Birthday Dr. Bob



Great Music!

Laura Flores performs
at Collwood Terrace



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Just one more Nathan story, please bear with me. Nathan and his dad were playing with walkie-talkies – Nathan at home while Chris walked around the neighborhood looking for Hannah, their kitty. Nathan to his dad, with the walker-talkie pressed to his lips, “Can I have a caregiver to the lobby please, caregiver to the lobby.” ☺

That's the spirit, Nathan. Let's help to find a cure!



Many thanks to our contributing reporter, **Kit Mickelson**, for her wonderful article on Doug Pryor. If you would like to read the complete article, please visit our website at www.collwoodterrace.com

RESIDENT RAVE: Doug Pryor

If you walk through the lobby and find L.C. (Chris & Linda's chocolate lab) howling, chances are she is howling for her best pal Doug Pryor to play ball with her. Doug and L.C. have become fast friends, and most days you can find them out in the courtyard playing ball.

Doug Pryor was born in Foster, Oklahoma, on December 8, 1921. His parents owned farm land and soon moved to Maysville, living there until Doug was ten years old. The family then moved to Cheyenne, Wyoming. In Cheyenne, Doug went to high school, played football, and worked after school and on weekends making deliveries and stocking shelves for the Wyoming Auto Parts store.

Doug joined the Army in 1940 and was assigned to the 3rd Engineering, 24th Division, at Schofield Barracks in Hawaii. That time-table meant that Doug was in Hawaii on December 7th, 1941. That Saturday at 7:00 a.m. they were awakened by a huge explosion – a hanger at Wheeler Field, filled the day before with ammunition - was blown up. Doug immediately went outside and saw a Japanese plane flying low, overhead -- the pilot smiled directly at him and continued on with his primary mission: to bomb Pearl.

After the Army, Doug went to college and majored in Business Administration. He earned an EA Degree, qualifying him as an Enrolled Agent with the IRS – and became a tax expert and financial planner.

While working as a buyer for the drapery department at the Emporium in San Francisco, Doug met his future wife, Patt -- described by their son Jeff as “the classiest woman he's ever known – absolutely stunningly beautiful, and so well organized!” And a perfect match for Doug.

Doug and Patt had three boys, Mike, Jan and Jeff. All three of them were All Star football players, active in all kinds of sports and music. Clearly a talented bunch and worthy of familial pride.

STAFF SPOTLIGHT: Tim Galloway

The newest staff member in our Activities department is Tim, and he is embarking on his second career.

After working for 22 years as the Director of Sales for the European Rail Road (which developed and distributed the Euro pass), Tim retired and moved to California after 17 years in Minnesota. During his years in the corporate sector, he was able to travel all over the world. He enjoyed many trips to Europe, Asia and Central America.

After years of travel and working for a huge corporation, Tim wanted to do something that was more meaningful. Because his grandmother had suffered from Alzheimer's prior to her passing, Tim was eager to work in the senior care industry. It was a good match. Tim's gentleness, patience and caring nature is a perfect fit for the job and Tim says he absolutely loves what he is doing.

Biking & swimming are some of his hobbies, and he enjoys spending time with his mom who lives nearby, and raising two dogs, a greyhound and a black lab.

Welcome to the CTSC family Tim, we're happy to have you here.

.... Continued Doug Pryor

In 1982 he and Patt moved to San Clemente, where he opened a business as a tax consultant and financial planner. Then, in 2002 they moved to Fiji, to be with their son, Jan. In 2008 Doug and Patt moved once again, this time to San Diego.

Talking about his father, his son Jeff calls him a Master of all that he did; a mentor, a leader with such charisma that he educated and charmed everyone he met.

A wonderful tribute to a wonderful man.