

Searching for August



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MUSTARD (DAY) GLADIOLUS PERIDOT
CLOWN (MONTH) SUMMER LEO
SUNGLASSES (MONTH) VIRGIN LION
FAIR DAYS (MONTH) VIRGO EIGHTH
FLIP-FLOPS (MONTH) GOLF (MONTH) AUGUST

August Birthdays

People born in the month of August often have larger-than-life, dynamic personalities. They are enthusiastic and very faithful. Some CT Stellar Care birthdays are:

Sam Farrar August 26

HAPPY AUGUST BIRTHDAY!

If you would like your monthly invoices, this newsletter, and photos of different events sent to you through email, please email Emma at emmas@collwoodterrace.com

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Postage Information

The

CT Stellar Care Chronicle

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Celebrating August



Sisters' Day
August 3

Anniversary, First Picture of Earth from Space
August 7, 1959

Games of the XXIX Olympiad
August 8-24
Beijing, China

Be an Angel Day
August 22

Fabulous July! We had a fun filled month, chock full of activities and events. From the Del Mar Fair to the Chicken Pot Pie Shop lunch, outing to the Barona Casino and the most popular trip to the Pet Store, the residents enjoyed many trips, out and about town. You may have noticed that we have extended our activity schedule to 8:00 PM and beyond. The residents are enjoying the extended activities, particularly the poker and bingo nights. (We've got some serious bingo players and some amazing poker faces! Careful when you sit at that table) Thanks to Roxanne, our wonderful Director of Activities.

Our weekly Memories in the Making art program on Tuesdays is producing beautiful, creative, therapeutic works of art, and we're amazed at the residents' attentiveness to the project and their attention to detail. Thank you Emma for being an inspiring program coordinator. Your skills from many years of teaching are definitely evident.

The Fourth of July barbeque was a hit, and it's always nice to see the families having a good time at CT Stellar Care. We enjoy your visits and value your input.

It's early, but I do want to get the word out. Since we are the premier provider of care for those affected by Alzheimer's and other dementias, we are a strong supporter of the Alzheimer's Association. So we are kicking off the fundraiser for the Alzheimer's Association's Memory Walk 2008. Our goal is to be the number one facility in our area with the most money raised for Alzheimer's research. Start signing up your friends, relatives, colleagues, church members and others, then plan to walk on October 25th at Balboa Park. If you can't walk, we will still happily take your contributions. ☺

A little side note, August 3rd is Sisters Day. As you know, the three sisters, Me, Emma and Barbara, and our long-suffering husbands, are all working together here at CT Stellar Care. It is only because we have the support of each other, that we were able to take on the challenge of operating such a large facility. I can't imagine a more rewarding career, and I'm extremely grateful for the opportunity to work in this environment with these special people. Happy Sisters Day girls!

Linda Cho
Director of Operations

Administration

Linda Cho
Director of Operations

Barbara Moore
Director of Business and Finance

Emma Slabbert
Director of Community Relations

Annelie Damasco
Director of Assisted Living

Susan O'Shaughnessy
Director of Marketing

Roxanne Miller
Director of Activities and Housekeeping

Chris Cho
Director of Plant Services

Chris Moore
Director of Food Services



CT Stellar Care's 2nd Employee of the Month

Lupe Galaviz
Housekeeping

Congratulations Lupe for a job well done!

Luau coming soon!

We are holding our first luau on Sunday, August 31, at 12:30 complete with a whole roasted pig and Hawaiian dancers. All families are invited to attend. Please RSVP by August 29th. The cost for this Hawaiian feast and entertainment is \$6.00 a person. We hope you will join us. Mahalo!

LG Celebrates his 95th Birthday



LG celebrated his 95th birthday here with a party given by his wonderful family.



CT Stellar Care Residents having a GREAT time!!!

Meet Ms. California 2007 Melissa Chaty!

Please join us on Thursday, August 7, 2008 at 6:00pm as Ms. California 2007, Melissa Chaty, kicks off the Alzheimer's Association Memory Walk with Collwood Terrace Stellar Care. Melissa will be sharing her sash and crown with us as she helps us organize to be the BEST TEAM, raising the most money and having the most participation at this year's Memory Walk.

This year the Memory Walk is Saturday, October 25th at Balboa Park, and we need you, our family members and friends, to walk with us and be part of the team.

Each of us is personally touched by this devastating illness and the Memory Walk provides an opportunity to walk together as we raise money and awareness so research can continue until a cure is found.

Over 90,000 people in San Diego and Imperial Counties have Alzheimer's or related dementia and more than 360,000 family members and caregivers care for them. Our residents, staff and families are part of this staggering statistic.

A very special thank you to ILOVE Pet Market

for allowing our residents to visit and enjoy the animals at their pet store located on El Cajon Blvd.



RESIDENT RAVE: Bernard Kessler

One of the friendliest and happiest residents you will meet at CT Stellar Care is Bernard Kessler. Bernard has been with us for 2 years. He moved in with his wife of "63 wonderful" years. In the short time he has lived here he has established himself as a staff and resident favorite.

Bernard was born in Chicago but grew up in Burbank. He is the product of wonderful parents and a happy childhood. During his childhood he enjoyed roller skating and baseball. He was deployed in the Army for 4 years. He married Gertrude in 1945 and lived in San Diego. Together they had three sons who he says never gave him any trouble. He was hard working and able to put all three boys through college and one son went to law school.

Today Bernard enjoys a great relationship with all of his sons and their families, including 7 grandsons and 1 great granddaughter. He loves fishing and reading western and crime mysteries. We enjoy Bernard's friendly smile and his ability to laugh at life's funny situations. Thank you Bernard for contributing to the great environment here at CT Stellar Care!

Need a ride to a doctor's appointment? We can help!!

One of the amenities at CT Stellar Care is transportation to medical appointments. Our staff is more than happy to accompany our residents to their doctor's visits.

If you would like to arrange to have CT Stellar Care accompany your loved one to medical appointments, you must notify us a week prior to your scheduled appointment. We transport to medical appointments on Tuesdays and Thursdays.

There will be a charge of \$25 subject to availability, on all other days.

If you would like to schedule an appointment for transportation, please contact Annelie at (619)287-2920 or email annelied@collwoodterrace.com. We will be happy to assist you.

STAFF SPOTLIGHT: Luis Jackson

Luis Jackson is the person responsible for making sure your loved one is entertained, exercises, stays current on news events, attends weekly outings, and enjoys arts and crafts. If you've noticed your loved one more active, enjoying life, and have seen the arts and crafts he/she has made, you can thank Luis for his enthusiastic and outgoing personality as our Activities Coordinator. Luis begins his day early preparing for the day's activities by watching the news and researching the internet to find information to bring back to the residents. He prepares all activities with the knowledge of the resident's needs and interests.

Luis has worked for CT Stellar Care for almost a year. Prior to working here he worked in a skilled nursing facility and before that he worked as a Housing Coordinator finding affordable housing for people with low income or disabilities. He also worked as a private duty caregiver. As Luis puts it, "I've always been in the caring business."

Luis lives in Imperial Beach with his wife of 15 years. He has 3 children and 15 grandkids! For 14 years Luis helped raise 16 foster children! When he has spare time, he enjoys arts and crafts, redecorating his home, sewing, playing racquetball, and playing with his grandchildren. He also plans to go back to school to study psychology.

When asked what he likes about his job, Luis states that there's never a dull moment and that each day brings something new. Each evening as Luis leaves he manages to say a personal good by to each resident he encounters on his way out, therefore showing that he lives by his words "I don't like my job...I love it!" We appreciate Luis' hard work and his love for the residents.

"DON'T LEAVE US HANGIN' "

We are in need of plastic hangers for our resident's clothes. If you would like to have your loved ones clothes put on hangers please provide us with a donation of plastic hangers. Thank you! (housekeeping)